

BOSCOANS

2023



Don Bosco College
Tura, Meghalaya



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From the Principal's Desk

Dear Boscoans,

As we approach the end of another academic year, I want to take a moment to reflect on the incredible journey we have embarked on together. I am filled with immense pride and joy as I witness the growth and achievements of each and every one of you. Your unwavering determination and dedication have transformed Don Bosco College, Tura into a vibrant and thriving educational institution.

Looking back, it is impossible not to acknowledge the significant milestones we have reached over the years. In 2020, we introduced the Morning Shift, catering to the diverse needs of our student community. This initiative aimed at providing enhanced opportunities and enriched learning experiences for all.

Building upon the success of the Morning Shift, I am delighted to announce that in 2023, we have taken another significant step forward by starting the Evening Shift. This decision was made with the firm belief that our responsibility extends beyond the confines of our campus. We are committed to serving the people of our state, particularly the students of Garo Hills, Meghalaya, by offering convenient timings and ensuring accessibility to quality education.

At Don Bosco College, we are driven by a relentless pursuit of excellence. This motto serves as a guiding light for our faculty, staff, and students alike. We firmly believe that true success lies in the continuous pursuit of knowledge, the development of critical thinking skills, and the cultivation of values that shape ethical and responsible citizens.



I am pleased to inform you that the College Library will now be open from 06:00 AM to 07:00 PM, providing ample opportunities for students to develop a reading habit while on campus. We encourage you to take advantage of this resource and explore the vast world of knowledge and wisdom that awaits you within its walls.

With a dedicated team of experienced educators, state-of-the-art facilities, and a vibrant student community, we are determined to provide an unparalleled learning environment. Our college will continue to strive for excellence in academics, sports, co-curricular activities, and beyond.

I urge each and every one of you to seize the opportunities that lie ahead, challenge yourselves, and make the most of your time here. Embrace the rich diversity of experiences our college offers, engage in

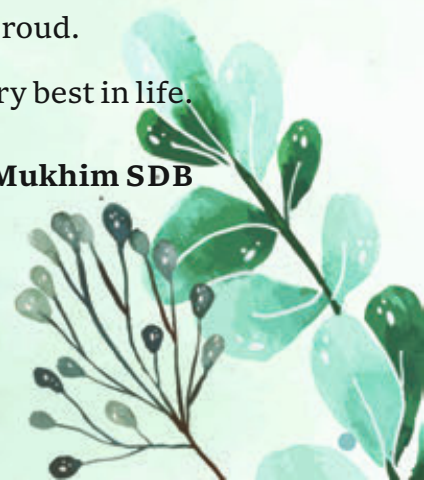
meaningful interactions, and forge lifelong friendships that will shape your journey ahead.

Remember, success is not solely measured by grades or accomplishments, but by the impact you make on the lives of others and the positive contributions you bring to society. As you embark on this exciting chapter of your lives, I am confident that each one of you will emerge as confident individuals, ready to face the challenges of the world and make a difference.

May your journey be filled with growth, learning, and achievements. Together, let us strive for excellence and make our college and our state proud.

Wishing you all the very best in life.

Fr. Bivan Rodriques Mukhim SDB
Principal



Editor pens....



Tengme K. Marak
Editor-in-chief

When Neil Armstrong, a moonwalker took his first steps on the moon, he uttered words that would be recorded in history books for generations to come: “ That's one small step for a man. One giant leap for mankind”. Some might have wondered why his first words on the moon weren't 'Oh Wow!' It cited 'how the truest emotion was... what the explorer felt within himself '. Seemingly, his famous words could also help people better fathom the spirit of man to overcome limits and open up new horizons as those words resonated around the globe through the years to embolden dreamers and explorers.

Over the years BOSCOANS serves as a yearly document comprising of photographs of various activities and creative ideas in the form of poetry, short narratives, essays and achievements thereby making it a profound connection between readers and contributors to the hilt.

Certainly, BOSCOANS will continue making all strenuous efforts to remain true to its objective of providing a platform for gifted students to initiate the literary journey exploring their innovative thoughts and to strengthen the imagination and hone intellectual skills as well.

The annual magazine is back; to refresh and rejuvenate your mind, immersing momentarily yourself in the world of creativity with this issue we have just brought out.

I owe my sincere thanks to the contributors and supporters and those who determined not to allow either their energy or ink run dry!

Till next time.

EDITORIAL BOARD

CONVENOR	: Dr (Sr) Lucy R. Marak
EDITORS	: Prof. Tengme K. Marak, Prof. Anita Ch. Momin, Prof. Genevieve A. Sangma.
PHOTOGRAPHY	: Dr (Sr) Lucy R. Marak, Prof. Dhiraj Kumar Rabha, Mr. Jevilline M. Sangma, Prof. Rani Aruldass.

FLICK THROUGH: *Events 2022- 23*



- **April 14-19, 2022:** The Associate and Assistant Professors of Don Bosco College, Tura attended a four-day Pascal Experience Holy Week Retreat organized for the Salesian Catholic Teachers in Barapani.
- **April 27, 2022:** A one-day Workshop on 'Emerging Trends and Technologies in Libraries' was conducted for the faculty and library staff of various colleges in Garo Hills.
- **May 8, 2022:** A Short Prayer Service was conducted by the Management Staff and Students of the college in remembrance of Late Supti R. Marak, LDA.
- **May 9, 2022:** A Career and Counseling Session was organized for the final year students of Don Bosco College, Tura in order to help students who seek admission in various universities for Master's Degree Programme.
- **May 11, 2022:** A one –day programme on Interview Skills was conducted for the final year students of the college.
- **May 18, 2022:** The Department of Zoology, Tura organized a Seminar for the 6 Semester Zoology Honours students.
- **May 21, 2022:** The 35th Foundation Day of Don Bosco College, Tura was observed instead of 22nd May, the day being a Sunday.
- **May 24, 2022:** A Career Counseling on Aviation and Hospitality was conducted for the 6 Semester students of Don Bosco College by Fledge Institute of Aviation and Hospitality, Guwahati.
- **May 25, 2022:** A Farewell Programme for Prof. Ipshita Bose, former Head of Department of Political Science and Shri Hilarius Ch. Sangma, UDA was held.
- **May 27, 2022:** Parting Social 2022 for the outgoing students was organized.
- **June 1, 2022:** The Department of Physics, Don Bosco College, Tura visited St. Dominic Savio School, Garobadha.
- **June 6, 2022:** In collaboration with Meghalaya Science Society, Tura, Don Bosco College observed World Environment Day at Tura Science Centre, Tura.

- **June 7, 2022:** The newly appointed Director General of Police, DGP, Dr Lajja Ram Bishnoi was on his maiden visit to Garo Hills and interacted with the students of Don Bosco College, Tura.
- **June 21, 2022:** International Yoga Day was observed.
- **June 24, 2022:** The college community bade adieu to (Dr) Fr. Abhilash V. J., Vice Principal of the college.
- **June 25-29, 2022:** A group of 18 Geograghy Honours Students of the college escorted by Prof. Jason Jyrwa and Prof. Ksanbor Kharkongor went on an excursion to Sikkim.
- **July 7-13, 2022:** The Orientation Programme, which was a joint venture by the IQAC and the members of the District Legal Services Authority, West Garo Hills, Meghalaya was organized for the First Semester BSc, BCom and BA (Shift 1 and Shift 2) Students.
- **15 July, 2022:** The New Academic Session 2022-23 was inaugurated. Shri Swapnil Tembe, IAS, Deputy Commissioner, West Garo Hills was the Chief Guest on the occasion.
- **20 July, 2022:** The NDLI (National Digital Library of India) Club conjointly with the NCC Unit of Don Bosco College, Tura organized an Extempore Speech Competition .
- **21 July, 2022:** The Department of Zoology and Botany, Don Bosco College organized a Session with University toppers of NEHU Exams 2022.
- **29 July, 2022:** A Text Book entitled 'An Introduction to Chemistry' authored by Dr. Madhusudhan Saha was released.
- **29 July, 2022:** The IQAC (Internal Quality Assurance Cell) of the college together with the Department of History, Don Bosco College, Tura organized a Public Awareness Programme on Road Safety Rules and Regulations.
- **6 August, 2022:** A Study Tour to Shri Surya Pahar was undertaken by the Department of History, Don Bosco College, Tura.
- **8 August, 2022:** The Meghalaya Model United Nations (MMUN) conducted a Seminar for the Honours students of Political Science in Don Bosco College Teachers Education, Tura.





- **8-13 August, 2022:** As a mark of observing Azadi Ka Amrit Mahotsav, the Department of Geography, Don Bosco College, Tura organized an array of activities and competitions to keep up the spirit of celebration.
- **12-18 August, 2022:** With an aim at maintaining conservation and the Sustainable Development by cleaning sea-shores and other water bodies, the NCC Unit of Don Bosco College observed '*Puneet Sagar Abhiyan*.'
- **12 August, 2022:** The Department of Political Science organized a Seminar on the 'Right to Information Act 2005'.
- **15 August, 2022:** On the occasion of Independence Day, the Management Staff, the NCC Cadets, Students Welfare Association(SWA) members and the students of the college together commemorated the 75th Independence Day and *Azadi Ka Amrit Mahotsav*.
- **16 August, 2022:** The Centenary Celebrations of the Arrival of Salesians to Northeast India (1922-2022) concurrently with the Don Bosco Jayanti was observed with full zeal and gaiety.
- **22 -23 August, 2022:** The Meghalaya Aids Control Society (MACS) in collaboration with Internal Quality Assurance Cell (IQAC), Red Ribbon Club(RRC), National Service Scheme (NSS) and Alumni Association of Don Bosco College organized a two-day 'Out Of School' Awareness Programme at St. James U.P. School, Akimdora (Sampalgre) and Mother Angeles Secondary School, Jangga, Tura.
- **24 August, 2022:** As part of observing National Renewable Energy Day or Akshay Urja Diwas which falls on 20th August, a short programme was organised by the Department of Physics.
- **25 August, 2022:** The Don Bosco College Alumni Meet Cum the Centenary Celebration of the Arrival of Salesians to Northeast India (1922-2022) were held at the college amphitheatre.
- **27 August, 2022:** Parents' Meet was held for the parents of Arts Students (Day Shift).
- **3 September, 2022:** The Department of Garo, Morning Shift organized a Seminar on the topics 'Garo Oral Tradition' and 'Garo regional Language'.
- **3 September, 2022:** Parents' Meet for the parents of Science and Commerce Students was held in Don Bosco College of Teachers Education (DBCTE) Hall.



- **5 September, 2022:** As a mark of acknowledgment and recognition of teachers' efforts and hardwork, Teacher's Day was celebrated with great fervour and exuberance at the college amphitheatre.
- **5 September, 2022:** The Governing Body Meeting of the college was held in the Conference Hall.
- **8 September, 2022:** International Literacy Day was observed in order to create awareness about the importance of literacy to everyone.
- **9 September, 2022:** A massive vaccination drive was carried out by the Department of Education for the staff and students of the college.
- **10 September, 2022:** In an effort to raise awareness among students against suicide, Don Bosco College, Tura observed World Suicide Prevention Day.
- **13 September, 2022:** A number of 38 Fifth Semester Students attended the Autumn Session of the Meghalaya Assembly in Shillong.
- **15 September, 2022:** Inter- Class Basketball Tournament in commemoration of the Centenary of the Arrival of the Salesians to Northeast India came to a conclusion.
- **16 September, 2022:** The Departmental Seminar was organized by the Department of Economics in an attempt to acquaint students with the new areas of knowledge and updating them about the latest technological developments.
- **17 September, 2022:** World Population Day was observed by the Department of Economics instead of 11th July, 2022 due to the Summer Vacation of the college.
- **19 September, 2022:** A Career Guidance and Placement Awareness Programme was conducted for the final year Arts Students of the college.
- **21 September, 2022:** In a bid to familiarize students with their personality traits and to provide guidance and counseling, the Students Support and Progression Committee, Don Bosco College, Tura organized a Soft Skill and Personality Development Programme.
- **22 September, 2022:** A Career Guidance Programme was conducted for the students of Science and Commerce by the IQAC (Internal Quality Assurance Cell), the Career and Placement Cell and Students' Support and Progression Committee of the college.



- **23 September, 2022:** The Department of History, Don Bosco College, Tura organized a Seminar on the theme 'Sources of Indian History'.
- **28 September, 2022:** An Awareness Programme on Prevention of Sexual Harassment of Women at workplace was organized for the teaching staff of Don Bosco College, Tura.
- **31 September, 2022:** A total number of 10 students of Don Bosco College, Tura took part in the 'Galilee Experience' which was organized for the college students of Northeast at Siloam Wellness Centre, Ri-Bhoi District of Meghalaya.
- **2 October, 2022:** A Tour to North Sikkim was undertaken by a group of 28 students and two professors.
- **12 October, 2022:** The Department of English, Don Bosco College, Tura conducted a Seminar on the topic 'From Romantic Movement to Modernism'.
- **13 October, 2022:** In observance of the World Investor Week 2022, the college organized a 'Lecture of Investment': 'Pros and Cons' for the students of Commerce together with Stock Exchanges, Depositories and AMFI (Association of Mutual Funds in India).
- **15-17 October, 2022:** On the occasion of World Food Day, a two-day programme was organized by the Department of Zoology collaboratively with the IQAC (Internal Assurance Quality Cell) of the college.
- **18 October, 2022:** The Department of Philosophy conducted a Seminar on the theme 'Critical Analysis of Descartes' and 'Locke's Theory of Knowledge'.
- **20 October, 2022:** The Department of Education organized a one-day Seminar on the role of tourism on Poverty Alleviation in the State of Meghalaya.
- **22 October, 2022:** As part of a Community Involvement Drive, the IQAC (Internal Quality Assurance Cell) jointly with the NSS of Don Bosco College, Tura organized a Youth Leadership Programme for the youth of locality.
- **21-29 October, 2022:** Boscoans Week 2022 got underway at Don Bosco College amid high turnout of students geared up to showcase their skills in various events.
- **4-5 November, 2022:** In an attempt to provide practical experience and knowledge on Achik Folk Arts, the Department of Garo and English of Don Bosco College undertook a Field Trip to Sadolpara Village as part of the CAFA (Certificate Course in Achik Folk Arts).

- **8 November, 2022:** Meghalaya Aids Control Society (MACS) in collaboration with Don Bosco College, Tura organized the Zonal Level Red Ribbon Quiz Competition.
- **15 November, 2022:** The Staff Meeting was held.
- **16 December, 2022:** Pre-Christmas cum Staff Get-Together were celebrated with great joy and zest. The staff and students soaking themselves in the spirit of festivity to the hilt was also witnessed.
- **19 December, 2022:** Altogether 33 Economics Honours Students accompanied by three teachers went on a Study Tour to Nokrek National Park.



Parting Social of Batch 2020



Deputy Commissioner Shri Jagadish Chelani IAS

- **13-17 January, 2023:** The Department of Garo, Morning Shift visited Sikkim as part of the study tour.
- **16 January, 2023:** Derek O'Brien, a Member of Parliament and a leader of AITC Parliamentary Party, Rajya Sabha visited the college and interacted with the NCC Cadets.
- **16-23 January, 2023:** A number of 26 students from the Department of Geography escorted by Prof. Ksanbor Kharkongor went on a study tour to North Sikkim.
- **26 January, 2023:** The Management, Staff and the NCC Cadets of the college celebrated the 74th Republic Day of the country in the college premises.
- **2-3 February, 2023:** Orientation on National Education Policy 2020 was organized by Don Bosco College collaboratively with the IQAC of the college at Pastoral Centre, Walbakgre for the teaching and non-teaching staff members.
- **10 February, 2023:** Altogether 40 students of the college attended a conclave 'Janadesh' at DDK, Tura Amphitheatre, Dakopgre, Tura.
- **12 February, 2023:** The SVEEP Cell, Election Branch of West Garo Hills District and the NCC Units of the college organized an awareness programme on Ethical Voting.
- **15 February, 2023:** The SVEEP Cell, Election Branch of West Garo Hills District organized an Awareness Programme on Ethical Voting to the NSS volunteers of Don Bosco College, Tura during their special camp at the adopted village, Babadam.
- **16 February, 2023:** An Interactive Session with Dr. Subhankar Paul, a Senior Clinical Fellow(Transplantation), University Of Cambridge, UK was organized for the students of Don Bosco College, Tura.
- **21 February, 2023:** 'International Mother Language Day cum Poetry Recitation' was organized by the Department of Garo at the college.
- **4 March, 2023:** A one- day Departmental Seminar was conducted by the Department of Mathematics at the college in a bid to spread interest of Mathematics among the students.
- **7 March, 2023:** The Extraordinary Visitor Rev. Fr George Chalissery visited the college and interacted with the staff of Don Bosco College, Tura.



Red Ribbon Youth Festival

- **14 March, 2023:** A Campus Recruitment Drive was organized by the college collaboratively with the SR Edu Technologies PVT. Ltd., Hyderabad for the final year students.
- **15 March, 2023:** A Webinar was conducted by the Department of Commerce, Don Bosco College, Tura on the topic : 'Bombay Stock Exchange (BSE) in collaboration with the Security Exchange Board of India (SEBI) Mumbai.
- **16 March, 2023:** Online Career Guidance Programme was held for the final year students on the theme 'Reinvent and Reinvest in Life' by reinventskill.com.
- **18 March, 2023:** A massive recruitment drive as part of awareness programme was held for the final year students by Sodexo Food Services and Facilities Management Company.
- **22 March, 2023:** The NSS Unit together with the NDLI (National Digital Library of India) of the college organized an Extempore Speech Competition for NSS Volunteers on the occasion of World Water Day, 2023.
- **23 March, 2023:** The NSS Volunteers visited the adopted village, Babadam for a survey of youth.
- **March, 2023:** The Department of Geography, Don Bosco College went on a field trip to Damalgre. A number of 34 students escorted by Prof. Ksanbor Karkongor observed the working and functioning of the weekly market at Damalgre.
- **1 April, 2023:** A one-day Online Hands-on Training Programme was held in the college by Mastersoft ERP Pvt. Ltd. for both teaching and non-teaching staff of the college.
- **3 April, 2023:** The Department of Economics organized a Seminar for the Economics Honours students.
- **4 April, 2023:** The Internal Quality Assurance Cell(IQAC)of Don Bosco College, Tura organized a one-day workshop for the 6th Semester Commerce and Science students on 'Building a Culture of Excellence: Strategies for Success at CUET' in collaboration with College Welfare and Advisory Committee(CCWAC), North Eastern Hill University(NEHU), Tura Campus.

Education Minister Shri Rakkam A. Sangma attended the inaugural program of the Tura Me.gong International Literary Fest, organized by the College in collaboration with the A.chik Literature Society (ALS).



- **6 April, 2023:** Additional Director General of National Cadet Corps (NCC), Directorate North Eastern Region, Shillong, Major General, Gagan Deep, made a maiden visit to Garo Hills and Don Bosco College, Tura.
- **7 April, 2023:** A group of 31 students from the Department of Philosophy under the guidance of Prof. Friangky M Marak and Prof. Westerley R Marak went on a study tour to Gangtok.
- **14 April, 2023:** Don Bosco College, Tura jointly with Pune Institute of Business Management (PIBM) organized a Corporate Session on 'Emerging Job Creating Sectors Post-Covid 19' for the final year Commerce Students.
- **28-29 April, 2023:** A two-day National Seminar (blended mode) on 'Representation of Women of North East India in Multi-Disiplinary Discourse' was collaboratively organized by the Internal Quality Assurance Cell(IQAC), Department of Philosophy and Internal Complaints Committee(ICC).
- **1 May, 2023:** The students of Snehalaya, (An Abode Of Love) Street Childrens' Home, Guwahati visited Don Bosco College, Tura.
- **2 May, 2023:** A number of 40 Physics Honours students taking the opportunity visited the 'Nokpante Studio' located at Araimile, Tura, Meghalaya and Doodarshan Kendra located at Administrative Block, RVTI Entrance, Dakopgre, Tura, Meghalaya.
- **3 May, 2023:** The Department of Sociology organized a Seminar for the Sociology Honours Students.
- **4 May, 2023:** The Department of Geography conducted a one-day Seminar for the Honours Students on the theme, "Depleting Resources and Ever Growing Population."
- **7 May, 2023:** The 6th Semester BSc Zoology Honours Students accompanied by Prof. Tenang Marak, Prof. Sujoron Hajong and Prof. Rani Aruldas embarked on an Educational Tour to Manas National Park, Assam.



- **7 May, 2023:** The NEET Exams 2023 by NTA (National Testing Agency) was conducted at Don Bosco College, Tura for the second successive time.
- **10 May, 2023:** The 6th Semester Students from the Department of Garo undertook a Study Tour to North Sikkim.
- **9 May, 2023:** A Seminar on the theme "International Politics and Government and Politics in Northeast India" was organized by the Department of Political Science for the Political Honours Students.
- **12 May, 2023:** A Free Coaching Programme for aspiring Meghalaya Civil Services (MCS) candidates was initiated by Don Bosco College in collaboration with District Administration, West Garo Hills, Meghalaya.
- **13 May, 2023:** The department of Sociology, Don Bosco College, Tura visited Freedom Life Centre, Happy Home Orphanage, at Sanchonggre, Near Chibrage, Babadam Road, West Garo Hills, Meghalaya.
- **13 May, 2023:** Certificate Courses Appreciation and Distribution Ceremony for the First Batch of Students of Certificate Courses in Achik Folk Arts (CAFA) was held at the college.
- **19 May, 2023:** On the occasion of Parting Social, Don Bosco College, Tura bade adieu to the final year students of Arts, Science and Commerce (the Batch of 2020) with a myriad of emotions and heavy heart.
- **20 May, 2023:** The Department of Zoology conducted a Seminar on the theme 'Study of Physio-Chemical and Planktonic Analysis' with reference to fish production in selected water bodies (beels) of Garo Hills, Meghalaya.



WASTE INTO WEALTH

An Anecdote Of

INGENIOUS WOMEN OF SHILLONG



Bravewell Mawthoh
Assistant Professor, Department of Economics

“Earth is our only planet”. However this sentence is brief but it carries a deep and impactful meaning. For centuries, man's actions have been responsible for disturbing and destroying the environment we live in. As Terry Swearingen stated, “we are living on the planet as if we have another one to go to”. The statement proves a point that one of the alarming factors of the century is Waste.

Waste and Waste management

Waste is any substance which is discarded after primary use, i.e. worthless, rubbish or no longer has utility. Wastes are unwanted or unusable. With the rapid advancement of industrialization, improved lifestyle of the people and population explosion, the build-up of waste also increases exponentially and this phenomenon is no longer confined to urban areas but even rural areas as well which have resulted in one more serious problem, that is, Waste Management, as in the case of Shillong. Waste management or waste disposal includes all the activities and actions required to manage waste, right from its inception to its final disposal. Solid Waste Management (SWM) is defined as the application of techniques

to ensure an orderly execution of the various functions of collection, transportation, processing, treatment, and disposal of solid waste. Waste management is carried out differently by different countries and regions. In some countries, the Municipal Board was given the sole responsibility to ensure the sanitation of the civic environment in their region.

The Case of Shillong City

In the case of Shillong, the Shillong Municipal Board, constituted under the Meghalaya Municipal Act 1973, is mandated to take up such works which are essential for the provision of civic services and management of waste in the city. Shillong, with a population of 3.54 lakhs generates 1,49,000 Kg of garbage daily, of which only 1,26,000 kg is collected by the Shillong Municipal Board. The remaining waste of 23,000 kg is dumped into rivers and streams by over 20% of the households. Marten, situated about 8 km from Shillong city at Mawlai Mawiong, has become the only dumping ground available in the city. Garbage and waste have been disposed of in this landfill from the year 1938, as an Open Dump or Open Landfill. The piles of waste for about a



century, still lying unattended, have put tremendous pressure on the only dumping ground of the city (area). The solid waste is simply dumped in the landfill without any treatment, and in an unscientific manner; posing a threat to the land, air and water of the nearby areas. The unbearable stench has added up to the air pollution which poses a great threat to the civic environment of the place and nearby localities. The need of the hour is to find ways and means to solve this problem.

The Ingenious Women and Iainehskhem SHG (Self Help Groups)

Working under extreme conditions, a group of women is trying to make a difference in the society and environment. Ironically, many a time, change comes from simple unassuming people who are at the lowest strata of the economy. These women collect bits and pieces of discarded waste from Marten to meet their ends. They learnt to adapt to their working environment; bearing the stench of the place, going through piles of garbage which come along while finding refused items which may still have some economic value. Under the North Eastern Regional Capital City Development Investment Programme (NERCCDIP), State Investment Planning Management and Implementation Unit (SIPMIU), the Urban Affairs Department and the Shillong Municipal Board have developed a plan to rehabilitate the women and facilitate the formation of the Iainehskhem Self Help Group in November 2014. The SHG came into operation in the year 2016 with 20 women as members (presently, 19 members).

Iainehskhem SHG deals in producing Organic Compost using an eco-friendly technology for recycling solid wastes generated in Shillong city. The SHG adopted Excel's technology for the bio-conversion of solid waste into organic manure.

M/s Excel Industries Limited, Bombay, developed this cost-effective technology mainly for controlled bioconversion of city garbage into organic manure. The waste used by the SHG for organic compost includes all types of wet waste (biodegradable).


Wet Wastes used by the SHG include the following:

- Kitchen waste; including all types of food wastes, cooked and uncooked, eggshells and bones.
- Flower and fruit wastes; including juice peels and house-plant wastes.
- Garden sweepings or yard wastes consisting of green/dry leaves.

Iainehskhem SHG received technical consultancy and training from Bethany Society, Shillong. It is properly organized with framed rules and constitution with the constitution mandating the members to enforce, monitor, and penalize non-complying members. Attendance records are taken daily to ensure the regularity of the members. Each member was entrusted with specific duties and roles to enable them to carry out their work efficiently. They perform hard physical labour in carrying loads of waste and topsoil. With less machinery, these women perform their duties with great strength and teamwork.

The Industrial Set-Up

The Shillong Municipal Board (SMB) provides the set-up of the whole SHG. The construction of the shed where the composting work is carried out was done by the Shillong Municipal Board. The Shillong Municipal Board also provided the first set of tools and equipment to the SHG. Each member was provided with a pair of gloves, a pair of boots and masks. Equipment like carriages, shovels, water-storage tanks, and weighing instruments was also provided by the Shillong



Municipal Board. For their initial start-up, the Board had sanctioned an investment of Rs. 20,000. In May 2018, the SHG received a sum of Rs.15,000 from a Minister to promote their business.

Marketing of Organic Compost

The members start their daily chores of rag picking from 8 am – 3 pm. They then devote the next 2 hours in the SHG from 3 pm-5 pm before calling it a day. Since its operation, the SHG has been able to produce approximately 20 tons of organic compost. The organic compost is sold at Rs. 20 per kg; the wholesale price is Rs. 15 for 20 kgs and above. The majority of the sale goes to Raj Bhavan, Shillong where 14 tonnes at Rs. 1,65,000 (at the rate of Rs.15/kg) were sold. The SHG is also involved in preparing the ready-to-use G2G granule, selling the same at Rs. 65/kg. The total sale of the ready-to-use G2G amounted to more than Rs. 26000, the same having been sold to customers in the State of Meghalaya and outside of it, including the State of Nagaland, etc. The SHG has also exported their products to Nagaland. A total of 400 Kg of ready-to-use G2G has been exported at the rate of Rs. 65 per. Kg. Limited access to a proper market meant that the products of the SHG are not popularized to the extent that they deserve. After selling to Raj Bhavan, Shillong, no other major sale was accounted for, except to a few local customers who come to the site for purchase.

Earnings and Profit

The SHG profits roughly Rs. 6000 from 600 kgs of organic compost produced from 1000 kgs of biodegradable waste. The dividend from the sale of the organic compost is distributed annually to each member after calculating the costs incurred in the production process. Also, some amount of the Net Profit is also kept in the Bank Account

maintained by the SHG at State Bank of India, Mawlai Branch, before it is distributed to each member. Each member also contributes a monthly subscription of Rs. 50 as a Membership Fee. The members work as rag pickers during the day and engage themselves at the composting unit for 2 hours, from 3 pm- 5 pm daily. Their daily earnings as rag pickers range from Rs.150-200 per day. Roughly, in a month, their cumulative earnings from rag picking are between Rs. 3600- 4800. The SHG has also been able to provide loans to its members for the educational purposes of their children, the construction of toilets and other personal needs. The interest on such loans is 2%. So far, 5 members have benefitted from this. The amount given as loans to the members ranges from Rs.10,000 to 20,000.

Challenges

The key challenge faced by the SHG is the limited exposure of their product in the market which has affected their sales to a great extent. The working space of the SHG is confined to an area of fewer than 1500 sq ft which disrupts and puts more pressure on the members to complete their tasks more efficiently. The lack of adequate tools required to carry out the work is another concern for the members. The whole production process is performed with absolutely no power supply. Members work for 2 hours a day, i.e., from 3 PM to 5 PM. At times when they get bulk orders, members are required to work for longer hours. The unavailability of electricity poses a great constraint to the team in performing their tasks. Another challenge faced by the SHG is the lack of water supply with them having to purchase water needed for the production process. The SHG has also shown their concerns with the lack of office set-up. The set-up of whole processing unit is in a tin-roof shed with no storage facility for the



Inter-Class Basketball Match

finished products. This poses a great problem for the team as most of the products are sometimes damaged by rats. Rag-pickers and people dealing in the recycling business work in unhygienic conditions, encounter health problems as a result of prolonged exposure to contaminated waste. The most commonly experienced diseases among waste pickers are tuberculosis, bronchitis, asthma, pneumonia, dysentery, respiratory diseases, parasites and malnutrition, diarrhoea, protozoa, skin disease, headache, eye problems, etc. Since the processing site is located inside the Marten Dumping ground, they are likely affected by any of these diseases.

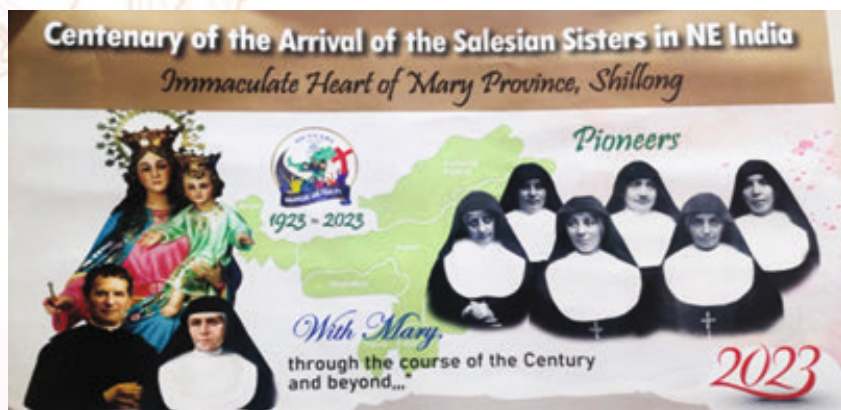
Conclusion

We all share a common responsibility when it comes to issues about the environment. Realising

that the environment is continuously under extreme pressure is not enough; the need of the hour is to start the treatment, hence, ACTION is required. Anyone can contribute, in various ways big or small towards improving environmental quality. Women have played a very vital role in environmental protection and conservation. The story of Marten's rag-pickers stands out in this regard. These women have come up the hard way and worked tirelessly to sustain themselves, their families and the environment. They have become change-makers in society as a whole. They have truly upheld the maxim 'dignity of labour'. No matter how extreme the task is, they truly uphold the dignity of labour, so much so they have come to be known as "The Merry Maidens of Marten".

Centenary of the Arrival of the Salesian Sisters in NE India

Immaculate Heart of Mary Province, Shillong



Sr. (Dr) Lucy R. Marak, FMA

The story begins with a twice repeated dream of Don Bosco. He dreamt he was crossing Piazza Vittorio in Turin. The Piazza was filled with noisy, screaming girls who appeared to have no one to look after them. A few were in a group apart and were not playing. These came over to the Saint and said: "As you see, we have been forsaken." Immediately a gracious Lady appeared who encouraged him to work for these girls. As She disappeared into their midst She repeated: "Care for them, they are my children."

In 1864, with a band leading his group of boys, Don Bosco went up to Mornese in the Diocese of Acqui and was received royally. According to this custom when in Turin, each evening he gave a little talk to the people of Mornese before bidding them "Goodnight". A young girl listened avidly to his words. This was Mary Domenica Mazzarello. She said afterwards, "Don Bosco is a saint. I feel it."

Mary Domenica Mazzarello grew up in the shadow of a little Church dedicated to Mary Help of Christians. Already a fervent child of Mary she became with some of her companions the first nucleus of the Institute of the Daughters of Mary Help of Christians (FMA). On the 5th August

1872, a day dedicated to Our Lady of the Snows, the first fifteen Daughters of Mary Help of Christians clothed themselves in the religious habit and pronounced the Vows of Poverty, Chastity and Obedience in the presence of Don Bosco and of the Bishop of Acqui, Monsignor Maria Giuseppe Sciandra.

Don Bosco had given the sisters their Rules. Sr. Mary Mazzarello and her companions observed them with open minds and docile hearts, interpreting exactly the spirit of prompt and cheerful obedience, wholesome joy, gentleness and affability. These Rules were first approved by the Bishop of Acqui, by the Decrees dated 23rd January, 1876, then successively by other Bishops, until on 4th April, 1922 they received pontifical approbation.

First Foundation in India

The FMA (Italian: Figlie di Maria Ausiliatrice) arrived in South India in 1922. Initially, two houses Tanjore in the South and Gauhati in the Northeast were directly dependent on the General Council with Sr. Teresa Ballestra as their representative in India. In the years that followed and after the reinforcement of personnel from

Italy and Great Britain in 1926, more houses were opened in the South and a second one in Northeast. With the resulting increase of the houses and the difficulties in communication and animation, there was a felt need for a better organizational structure at an Indian level and repeated recommendations for such urgency was made especially by Mons. Luigi Matthias and Fr. Pietro Ricaldone. Thus, the Pre-Province of St. Thomas the Apostle was created in 1929 with Madras as its headquarter and with Sr. Tullia de Bernadinis as the first Provincial.

Towards the Mission Land – North East

The Daughters of Mary Help of Christians (FMA), set foot in Northeast India in 1923 a year after the arrival of the Pioneers to the South India. The arrival of the FMA in Northeast India is closely linked to that of the Salesian Missionaries, who, headed by Fr. Luigi Matthias set foot in Assam in the second week of January, 1922. On reaching Shillong they found that the nucleus of the mission was strongly constituted which was the foundation for their work in the entire region. They immediately set to organize themselves assuming the charge of the different missions that had been established. It was right at this initial stage that the Salesians felt the urgency of having the FMA to work alongside them in their evangelization - educating mission. In fact, according to Fr. Luigi Matthias, it was a must that the FMA opened a mission in Assam as he interestingly put it: "It was just and fitting that the FMA should come to Assam. Is it not this the mission of Mary Help of Christians? Is it not that the Help of Christians preceded us in order to prepare a way not only for the sons of Don Bosco, but most naturally for her predilected daughters?"

Therefore, he wrote a letter to Mother Caterina Daghero, the then Superior General, requesting her to send the Sisters to the mission in Northeast India. The earnest longing for the FMA to join the

Salesian Fathers and the presentation of the vast and promising mission that awaited them were such that it would have been difficult to turn down such an invitation. Fr. Luigi Matthias was given a reply in the month of August, 1923, in which Mother Caterina assured that the Sisters would reach the new mission by the end of the same year. True to the promise made, a group was destined to set sail for the mission of Northeast India in November, 1923. It consisted of six sisters: Sr. Innocenza Vallino, the leader of the group was forty-seven when she left for the mission in Northeast India. She had a great store of experience and courage, Sr. Guilia Berra, Sr. Maria Bricarello, Sr. Clotilde Appiano, Sr. Antonetta Rosetti and Sr. Cecilia Da Roit. On November 14, 1923, at midnight they boarded the steamer "Genova" at the port that bear the same name. They were accompanied by Fr. Eugenio Mederlet, a Salesian of Tanjore, who was returning from his trip to Europe.

They journeyed for more than half a month and the sight of an Indian soil appeared on the horizons. The day they set foot on it was December 4, at Bombay and on the following day they boarded the train for Calcutta and reached the city on December 7. From there, they started off the last tract of their long journey reaching their destination on December 8, a significant day in the history of the Salesian Mission.

On their arrival in Gauhati, they found the Apostolic Prefect: Fr. Luigi Matthias, Fr. Giuseppe Gil and Mrs. Pierroz waiting for them on the banks of the Brahmaputra (Amingaon station) with two vehicles. They, then set off on the last part of the journey and finally reached their mission land.

The initial years of the foundation were not easy for the six pioneering missionaries who toiled untiringly in the spirit of the Da Mihi Animas, with great enthusiasm, joy and sacrifice, planting the seed of Salesian charism in the fertile soil of the north-eastern region. Despite innumerable odds

and seemingly insurmountable difficulties, they hoped against hope and encountered all problems and difficulties with their contagious spirit of cheerfulness and serenity typical of our Founders and their children.

Creation of the Indian Pre-Province

The vast expanse of the region comprising of the Indian Sub-Continent as well as Japan, Thailand and China and the humanitarian activities and feeling the need for a better organisational structure necessitated the formation of Pre - Province of St. Thomas the Apostle in 1929 with Madras as its headquarters and with Sr. Tulia Berardinis, an ardent missionary, vibrant and enthusiastic, as the first Provincial. At that time there were five FMA presences in the South India and two in the Northeast - Guwahati and Jowai.

Mother Tulia journeyed continuously from South India to Northeast India, even to the far east of the world - Japan, Thailand and China encouraging the Sisters to be faithful to the Charism and spirit of the Congregation.

In spite of the many impediments, difficulties, challenges, hardships of the initial years, the Sisters ventured into more foundations, committing themselves to become signs of God's unconditional love for young people in the field of education. Keeping pace with the needs of the place they also responded to the signs of the time. Besides the educational activities proper to our Charism, they also ventured into the field of healthcare which actually was an amazing enterprise in different centres of Guwahati, Tezpur and Shillong.

The birth of a New Province

The increase of FMA presence and the multiplicity of activities as well as the vast distance from South to the Northeast brought joy of witnessing the birth of a new Province - Immaculate Heart of Mary, Shillong on November 24, 1953, bifurcated from the Province

of St. Thomas the Apostle, Madras. The division was meant only for the purpose of better administration, to help the provinces to increase and multiply their strength but they would continue to be united, so that Salesian Charism may continue to grow and flourish in every nook and corner of our land.

The vessel of election selected to shoulder the weight of the daring enterprise for a pioneering task was Mother Catherine Mania- a great woman of small stature and fiery zeal, just like Paul, the apostle of the gentiles. Unlimited with the clear vision of a promising future provided her with the courage and competence necessary to comply with the obedience that had to be courageous, daring and optimistic.

When Don Bosco decided to open a Salesian Presence in Genoa, he asked the Salesians whether the administrator had given the money or not. On hearing he had given, he wanted to know the amount. It was not a large amount, but Don Bosco told them: "Do not go to Genoa with that much of money. There is Divine Providence in Genoa as well." He took back that good amount of money. The new work, like all our other works, had to depend on Divine Providence, not on money.

Mother Catherine Mania was an instrument in the hands of Divine Providence. She had unlimited trust and she believed like our Founders, that the Institute belonged to Mary Help of Christians and that she was only Her representative. Often Mother Mania was asked: "Mother, did you have any special motto that spurred you on, all these years or arduous undertakings and marvellous accomplishments?" and the answer of that missionary was: "Well, in my great admiration for Msgr. Matthias, I too followed his motto "DARE and HOPE". But I think everything could be summed up in these two words "DIVINE PROVIDENCE." On December 10, Sr. Catherine Mania together with Sr. Luigina Appiano and two candidates Agnes Kurkhalang

and Lina Marak left Madras for Shillong. They made a brief halt at Bandel and joined by Sr. Magdalene Gaspani, they proceeded towards Gauhati and reached on December 19.

Sacred Heart Convent, Mawlai was to be the first Provincial House. Before leaving Guwahati Mother Mania had the rare fortune of receiving the first treat from Divine Providence which was a precious sum of Rs. 123.00 which Mother Avio found by chance in a wallet in a little book shelf in the Provincial's room. Yet, another treat was served to her at the bus stand where they found that their bus fare had already been paid by some generous unknown persons. This enabled her to treasure up Rs. 17.00 which was left from their journey from Madras onwards. Thus, on the lump sum of Rs. 140.00 (123+17), 45 Sisters and 7 houses, Mother Mania began her herculean task of shaping out the new born province.

Having been called upon to take up the pioneering task of the new Province, hers was a

period of instituting and building up new foundations. She gave a fresh and fascinating look to the Province at large and to the houses in particular. This was the marvellous outcome of her dauntless courage and boundless faith. She revived, reformed and reinforced the Province and left a rich legacy of that lively faith and unconditional trust in Divine Providence. She was a great personality totally dedicated for the cause of the mission.

The Immaculate Heart Province of Shillong has its headquarter at Auxilium Convent, Nongthymmai and they have 32 presences in the seven dioceses of North East – Shillong, Jowai, Nongstoin, Tura, Diphu, Aizawl and Agartala. These houses are within the four states of Assam, Meghalaya, Mizoram and Tripura. Today, the Province has grown into a gigantic tree spreading its branches to all the regions of the North East.

Cultural Troupe: Bosco Ranggore Cultural Club (BRCC)



THE HISTORY OF MILK

and

ITS UTILITY FOR THE REGION

World population is projected to continue increasingly well into the next century. A central question is whether and how global food production may be increased to provide for the coming population expansion. It would be necessary to increase current levels of food production more than proportional to population growth so as to provide most humans with an adequate diet. There are a number of actions that may be taken to help this food expansion, but there are also a number of constraints that make expansion of food output difficult. The current world population of 7.6 billion is expected to reach 8.6 billion in 2030, 9.8 billion in 2050 and 11.2 billion in 2100, according to a new United Nations report which was launched recently. A solution could be the concerned governments to take appropriate measures to look for avenues to tap the resources and maintain the quality standards envisaged by different authorities in the form of FAO, WHO etc. Agriculture made history during late sixties ushering in the concept of Green Revolution on our irrigated lands.

Man began domestication of animals at least 10,000 years ago and has been modifying species and agricultural practices ever since. Cattle (*Bos primigenius*) were domesticated from around 9000 years ago. Domestication of cattle was only for meat production at first. Then, about 6000 years ago, humans started milking their cows. Thereafter around 5000 years ago, nomadism developed. In this new way of life, human and animals used to migrate together and human used to depend on cow milk and not meat (Tanabe, 2001)

Milk byproducts found inside Stone Age pottery from Turkey indicate processed milk was consumed in 6500 BC, some thousands of years



Prof. Biswajit Paul
Department of Zoology

before adult humans had evolved the ability to digest raw milk. DNA evidence extracted from Neolithic skeletons indicates that a thousand years later in 5500 BC, people in Northern Europe, like all other peoples of the time, were still lactose intolerant. Earthenware vessels found in England and dated to 4500 BC (a thousand years later) contain milk byproducts, indicating milk was used in some form, although not drunk directly. Milk was first delivered in bottles on January 11, 1878. The day is now remembered as Milk Day and is celebrated annually. The town of Harvard, Illinois also celebrates milk with a summer festival known as "Milk Days". There is a different tradition meant to celebrate dairy farmers in the Milk Capital of the World. By 2000



B.C., the domesticated cow had appeared in Northern India, coinciding with the arrival of the Aryan nomads. The Vedic civilization that ruled Northern India from about 1750 BC to about 500 BC relied heavily upon the cow and the dairy products that it provided. The heavy dependence on the cow was reinforced by the Vedas (the religious epics of the Hindu religion) wherein the cow was considered a sacred animal.

Though Harvard is self declared Milk Capital of the World but in total production India is the world's largest milk producer, with 22 percent of global production, followed by the United States of America, China, Pakistan and Brazil. And the state of Gujarat is the milk capital of India because the state has been contributing to this industry both from production and also academically. But the moot point remains how the North East of India and specially Meghalaya and more specifically The Region of Garo Hills in Meghalaya can elevate the Indian Economy by addressing this sector more aggressively. Natural Resources required for it is abundant but the mass has to focus into this arena and not only boost their

personal economic standards but also ameliorate the poverty stricken in the rural areas. Consumption of wide variety of nutritious food is important for women's health and this should be true for the women of Meghalaya also. Moreover milk is the complete food in itself supplements all the nutritional requirements. But in Meghalaya only 22.7% of women consume milk or curd at least once a week (Indian Society of Health administrators, 1996) which is much below the national standard of 55% (International Institute of Population sciences, 1999). This could be because of the quality of milk and milk products that are available in the state or also could be because of the mass awareness of the population on the economic utility of milk and its health benefits.

The message of this article may be viewed on the historical perspective how milk became important as a food not only in our country but across the globe and therefore then how the youth of the region and also the political class tap this resource for the masses of the region both economically and health wise.

Meeting of Meghalaya College Principal's Council (MCPC)





Chief Minister Dr. Conrad K. Sangma attended the Inaugural Programme of the 1st Tura Me.gong Literary Fest organized by the College



Major General Gagan Deep ADG of NCC NER during the NCC NE Car Rally

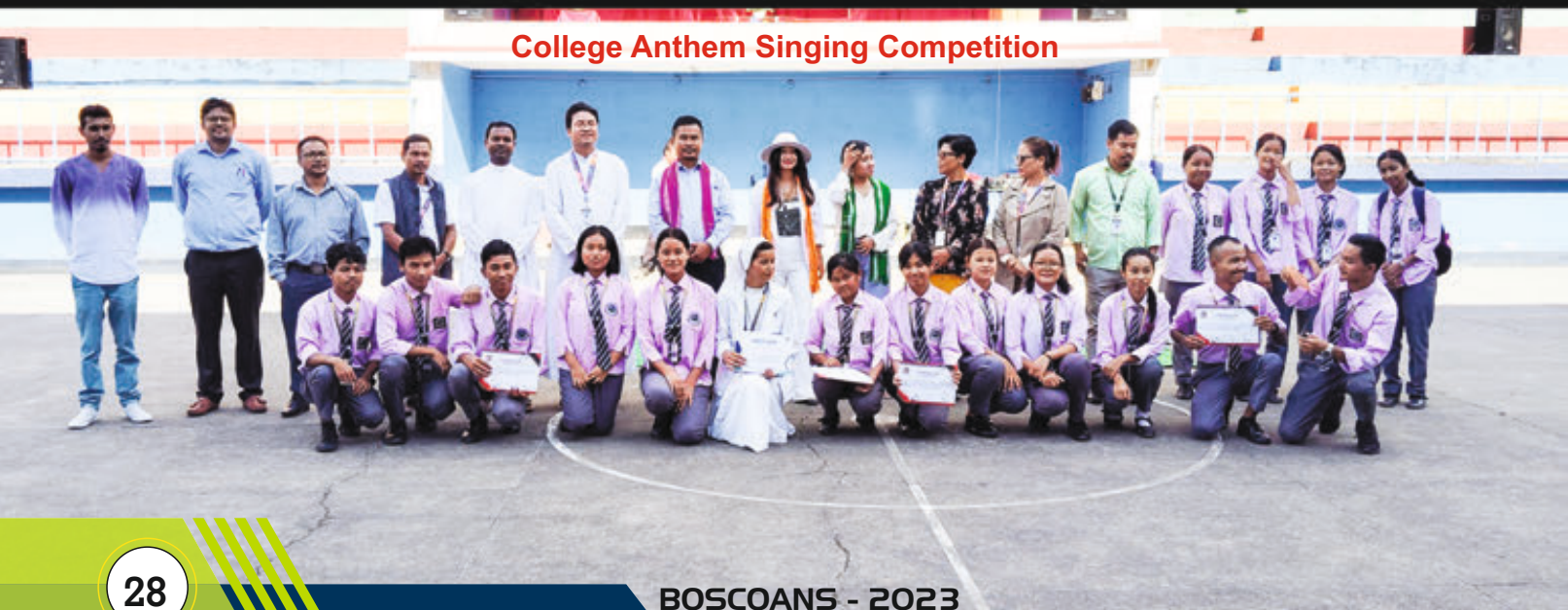
Seminar: Department of Political Science



Award Winners: Best Students 2023



College Anthem Singing Competition



Seminar: Department of Philosophy



NAAC Peer Team Visit



Seminar: Department of History

Awareness Programme by IAF, Guwahati



Faculty Development Programme 2023



Seminar: Department of Education



NAAC Peer Team Visit: Department Presentation

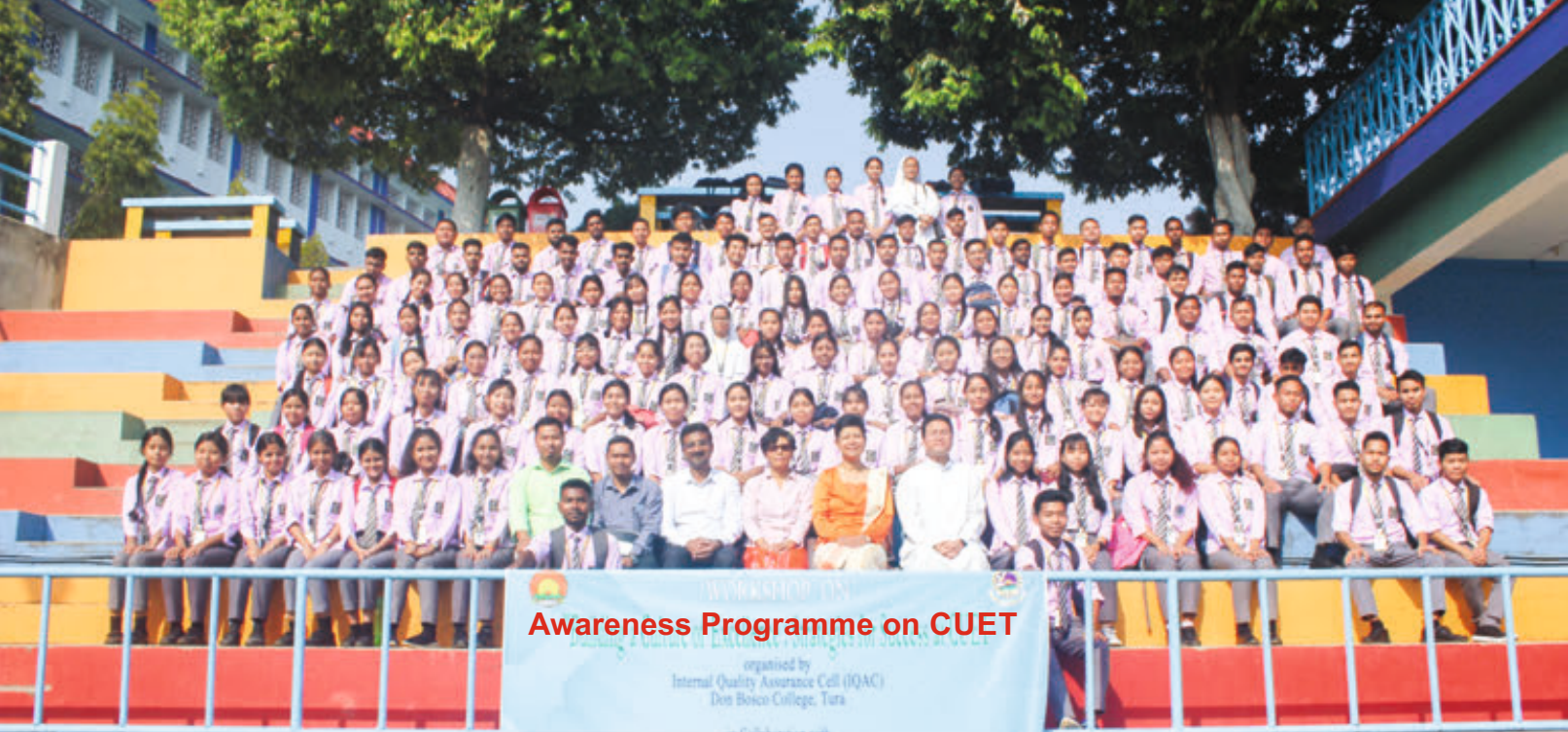




Welcoming the Freshers : Batch 2023



MTET Examinations



CLASS PHOTOS (SHIFT ONE)



2 SEM ECONOMICS HONS

Back L to R : George Wednesting B Sangma, Ontrish Areng, Jrangkimbarth M Sangma, Aswan B Marak, Jowash K Sangma

Middle L to R : Salius A Sangma, Tengkim R Marak, Durna Chetry, Deepak Saha, Chijranggrim A Sangma

Front L to R : Bonchina D Marak, Chelsia M Sangma, Rubi Das, Baisilla M Sangma, Lipisha Koch, Darshanita Hajong, Amina A Sangma



2 SEM ECONOMICS HONS

Back L to R : Iveanwilly R Marak, Batseng Ch Marak, Tengan Timothy B Marak, Jobang Areng, Sengchongbirth M Marak, Mansram Marak

Front L to R : Tengkim R Marak, Vivan M Sangma, Silvasa A Sangma, Menaksha B Marak, Wachira A Sangma, Chinbirth A Sangma



2 SEM EDUCATION HONS

- Back L to R : Alfred D Sangma, Chegan Gamrik T Sangma, Duewell D Sangma, Jenash Ch Marak, Median Raksim A Sangma, Jangdo Salak D Sangma
- Middle L to R : Getwil R Marak, Gipsengang R Sangma, Arman M Marak, Arist Sengsrang M Marak, Damdamchi N Sangma, Chuma Ch Marak, Avila D Sangma, Bilchi nora T Sangma, Artud R Marak, Mark Salgrik R Marak
- Front L to R : Checha S Sangma, Meanchisa T Sangma, Millin G Momin, Domera A Sangma, Chibame B Marak, Dilchera R Sangma, Gachime Ch Momin



2 SEM EDUCATION HONS

- Back L to R : Sengjrang M Sangma, Senggam R Marak, Walgrim A Sangma, Pilgrim Ch Marak, Rakjen M Marak
- Middle L to R : Rimchi R Marak, Nora Norimbe Ch Marak, Pamsitha B Marak, Prebilla T Sangma
- Front L to R : Nochi G Sangma, Prenchilla M Sangma, Silkanchi A Marak, Sarika B Marak, Shamritha T Sangma, Tangrimchi Benera Ch Marak, Salmitchi Tengrikra B Marak



2 SEM ENGLISH HONS

- Back L to R : Cheansbirth K Sangma, Silsrang Tingring A Sangma, Jacku D Sangma, Sebastian N Sangma, Nilanjoy Kar, Chuanguku Marak
- Middle L to R : Wea Wyomia M Sangma, Chelsia Ch Marak, Zanera B Marak, Sengantha M Marak, Ijora M Marak, Saiana A Sangma, Rozi Koch, Diana A Marak, Tikmera N Marak
- Front L to R : Mejina Ch Sangma, Simrik Nora M Sangma, Tenia Benora B Marak, Baishaly Barman, Sushmita Rani Biswas, Subhashree Roy, Danchi Ch Marak



2 SEM ENGLISH HONS

- Back L to R : Akashdip Hajong, Toronto R Marak, Ahaia Tanggim G Momin, Taibiruse R Marak, Grikcheng N Marak
- Middle L to R : Winchisal N Marak, Mikkimchi J Marak, Alkha M Marak, Shalommayya N Sangma, Sonia Koch, Kakamchi P Marak, Chimchim N Marak
- Front L to R : Bipasha Hajong, Jakera D Sangma, Jevediya N Sangma, Rabina Arora, Cherikche B Marak, Chisam Baldime N Sangma, Babli Hajong



2 SEM GARO HONS

- Back L to R : Bilgrang Benedik A Sangma, Omen Ch Marak, Heram Mrong Marak, Jejrang A Sangma, Hebirth Ch Marak
- Middle L to R : Tapseng R Marak, Kemping Ch Marak, Kamsrang M Sangma, Elijah Ch Marak, Crebil Ch Marak, Alkam R Marak
- Front L to R : Plajina B Marak, Romitha B Sangma, Silgrikchi B Marak, Norakchi Ch Marak, Nosalina D Shira, Marqueen Sangma, Wandibirth A Sangma



2 SEM GARO HONS

- Back L to R : Tengba A Sangma, Zephan Jeang M Marak, Jonibirth M Marak, Brenith M Marak, Expert B Marak, Kambin D Sangma
- Middle L to R : Nagar D Sangma, Priyanka A Sangma, Berinda A Sangma, Bonkamchi T Sangma, Rikkimchi Ch Marak, Sengrimchira B Marak, Bijo S Sangma, Dilcheng M Marak
- Front L to R : Jeny P Marak, Alice B Sangma, Chisilchi A Sangma, Benisha G Momin, Chasinda Ch Marak, Samnen M Marak, Norimchi T Sangma



2 SEM HISTORY HONS

Back L to R : Prem Lama, Rakdit K. Marak, Pingku Ch Sangma, Pingku Ch Sangma, Begember A Marak, Janubirth A Sangma, Vineyard N Marak, Etwith N Sangma, Lehend M Sangma

Front L to R : Annaijim M Sangma, Salme Ch Marak, Junisha Ch Marak, Trechitresil M Sangma, Silbamchi M Sangma, Melbyflora S Sangma, Jenorindha Ch Marak, Ahiana N Marak



2 SEM PHILOSOPHY HONS

Back L to R : Victorjeet Koch, Ricgshan G Momin, Lolison Dalu, Solacewise G Momin, Obidhai Ch Marak, Chengkim Ch Marak, Sengjrang R Marak

Front L to R : Priyotoma Hajong, Aksera Beanse A Sangma, Punisha A Sangma, Balsawe R Marak, Junilla B Sangma, Biangchi S Marak, Manpilchi A Sangma



2 SEM POLITICAL SCIENCE HONS

- Back L to R : Sudeep Hajong, Parokhit Hajong, Wellpeace D. Sangma, Sangtim D. Sangma, Toseng A. Sangma, Sengba A. Sangma, Simbath M. Marak, Rakbath A. Sangma, Sodin M. Marak, Pilith R. Marak, Tenang T Sangma
- Middle L to R : Waldith Ch. Marak, Salchangsa G. Momin, Nelson Kr. Hajong, Rakimber G. Sangma, Merina R. Marak, Methibel G. Momin, Resmi P. sangma, Nikrak B. Sangma, Tappua D. Shira, Tommyric R. Sangma, Rakim A. Sangma, Rocky Ch. sangma, David Sangma
- Front L to R : Salitha Ch. Momin, Ruphami A. Marak, Thalitha B. Marajk, Slovia T. Sangma, Serupina M. sangma, Nikha Hajong, Seraphin Rakamchi Ch. Sangma, Sanchirik B. Marak, Sengjak D. Shira, Tangsime N. Sangma, Priya Tisoppi, Uma Karmakar



2 SEM POLITICAL SCIENCE HONS

- Back L to R : Arianchugam S. Sangma, Changrik M. Marak, Lakuchiang T. Sangma, Barnard R. Marak, Greenbirth D. Momin, Balsram M. Marak
- Middle L to R : Dhiraj Hajong, Ashish Das, Bilrak T. Sangma, Henry R. Marak, Cheansa Ch. Sangma, Amasha R. Marak, Baljrang Ch. Marak, Bilcham Nestor A. Sangma, Baltiush Ch. Marak, Bhuboneswar Koch Kalwin D. Sangma
- Front L to R : Akihacheba A. Sangma, Aksera Beanse A. Sangma, Kajoli Hajong, Breanchitase A. Sangma, Aiana Rokime Ch. Marak, Esavell A. sangma, Kasanchi Manda Sangma, Bellykhim Ch. Momin, Icydora N. Sangma, Kabiry R. Marak, Chingse D. Shira



2 SEM SOCIOLOGY HONS

Back L to R : Rinna B Marak, Chandrika Koch, Kasri D Sangma, Ranitegamchi D Sangma, Wenchi M Sangma, Sengkinija T Sangma, Rikechibijime D Shira, Chukimsa R Sangma, Sanmorinda M Sangma, Bitchilda T Sangma

Front L to R : Salley Jakkira Ch Marak, Anniden D Shira, Niatchi Biginchi R Marak, Florina M Sangma, Bidanchi Ch Sangma, Rakime D Marak, Thera R Marak, Aprelish S Sangma, Chigame R Marak, Dikse A Marak, Namrimchi A Sangma, Penny G Momin



2 SEM SOCIOLOGY HONS

Back L to R : Salsrang G Momin, Balgrang Ch Marak, Mansram R Marak, Paldorama M Marak, Sengbara Bilgra K Marak

Middle L to R : Easter M Marak, Janisther M Marak, Benidict Ch Sangma, Rikchang G Marak, Silrak B Marak, Chesrang G Momin, Titush A Sangma, Manman M Sangma, Brining A Sangma

Front L to R : Bremio S Marak, Sildu Ch Marak, Silgam Cherk Ch Sangma, Chugam Salsanchu Ch Marak, Dunagam C Marak, Sunnyangku Ch Momin, Salchakra R Sangma, Krishan Hajong, Limbarth R Marak, Tangrik A Sangma, Rakan Moreno M Sangma

**4 SEM ECONOMICS HONS**

Back L to R : Rupesh Hajong, Chipchang N. Sangma, Aman Hajong, Dangdangbilak Ch. Marak, Rikrak A. Sangma

Middle L to R : Agora D. Shira, Tony Koch, Derikra R. Marak, Rikkimchi D. Shira, Samanando Rabha, Salsal R. Sangma

Front L to R : Nilanjana Sarkar, Chekame D. Sangma, Jaylitha M. Marak, Bornali Sarkar, Kongka Saha, Benybionchi A. Sangma, Plukicen Sukhi Alloy M. Sangma

**4 SEM EDUCATION HONS**

Back L to R : Changrik B. Marak, Gungun T. Sangma, Kenya Pongding N. Sangma, Gideon M Marak, Aram Xerva B. Marak

Middle L to R : Saima M. Marak, Tengsilchi R. Marak, Priyanka Ch. Marak, Evina M. Marak, Salniangchi M. Sangma, Sanjilla Ch. Marak, Temia R. Marak, Chesil R. Marak

Front L to R : Walmera Ch. Marak, Lastina M. Marak, Jakrime G. Momin, Nokimchi N. Sangma, Tombey M. Marak, Amelia R. Marak. Appliena A. Sangma, Bernadeth M. Marak, Anjellina Ch. Sangma



4 SEM EDUCATION HONS

Back L to R : Chamangku M. Sangma, Dondon R Marak, Lajarius G. Momin, Hiresh Rabha, Champang M. Marak

Front L to R : Amosh K. Marak, Elijabeth A. Sangma, Anupama Hajong, Ajanta Hajong, Nikchi B. Marak, Mosinchi Ch. Marak, Manrik D. Momin



4 SEM ENGLISH HONS

Back L to R : Bijoy G. Marak, Jemiston M. Marak, Jasal B. Marak, Chean Tenengsai M. Sangma, Mongera R. Marak

Middle L to R : Crosbil Ch. Momin, Damien Hillol Ch. Marak, Senggrim M. Sangma, Milkachiani R. Marak, Clorina D. Sangma, Shipra Das, Myron M. Sangma, Jhoney Ch. Marak

Front L to R : Cherian Dimchira T. Sangma, Balkamchi M. Sangma, Salime Patiasa K. Marak, Agate Wedora M. Sangma, Rema Damai, Preangchi R. Sangma, Noble A. Sangma, Ellice Chenora Ch. Momin, Amchira A. Sangma

**4 SEM GARO HONS**

Back L to R : Tobith M. Marak, Witnal Ch. Marak, Junsram A. Sangma, Boyrik A. Sangma, Romen M. Sangma, Tengrak D. Sangma

Middle L to R : Banchi M. Marak, Nochina M. Momin, Sonikha S. Sangma, Mikchera Ch. Sangma, Dalchina O. Sangma, Bikkimchi Ch. Marak, Domera A. Sangma, Meosanikningchi A. Sangma

Front L to R : Nomera M. Sangma, Baptistha M. Sangma, Diljitha B. Sangma, Akanchi M. Marak, Ninami Ch. Sangma, Nimitha R. Marak, Mosomi G. Marak, Rikmitchi R. Marak

**4 SEM GARO HONS**

Back L to R : Tengran R. Marak, Chegrak A. Sangma, Jebiar Ch. Sangma, Evenezer D. Shira, Nolityon P. Sangma, Brezash D. Sangma, Wining A. Sangma

Front L to R : Anoka R. Marak, Nokinte Ch. Marak, Isilinda A. Sangma, Pangkamchi N. Marak, Prelisha D. Shira, Nonami Ch. Marak, Laura Vivasa G. Momin, Tetera M. Sangma, Arline J. Sangma



4 SEM HISTORY HONS

Back L to R : Nickyboy A. Sangma, Rangki Jaksrame R. Sangma, Jeneton Ch. Sangma, Rakkan A. Sangma, Jedham G. Sangma, Balnang R. Marak, Kingston M. Sangma, Serabin K. Sangma

Front L to R : Auxelika T. Sangma, Artiliya B. Marak, Menosa Ch. Marak, Samchira N. Marak, Kalsanna G. Marak, Patiasa Amachi S. Sangma, Noringchi A. Sangma



4 SEM POLITICAL SCIENCE HONS

Back L to R : Walprang R. Marak, Haijest N. Marak, Littosh Ch. Marak, Ringrang M. Sangma, Namsal A. Sangma, Nikseng B. Marak, Namsrang Ch Marak

Middle L to R : Arrysh A. Sangma, Heffring A. Sangma, Bishal Hajong, Sony Kumar Thakur, Happynews R. Marak, Kelibarth M. Sangma, Tranjeng Ch. Sangma, Marson R. Marak, Birbol Sangma

Front L to R : Siltera G. Momin, Rishita Dubey, Fatima Silginchi N. Marak, Tasri N. Sangma, Anosha K. Sangma, Haney G. Marak, Jesse Tengchu Ch. Sangma



4 SEM POLITICAL SCIENCE HONS

Back L to R : Namrajeet Hajong, Sengdora T. Sangma, Bilgrak Ch. Marak, Silbath R. Marak, Abinash G. Momin, Seamiush D. Sangma

Middle K to R : Shivraj Hajong, Tangseng B. Marak, Jadesil Rongjring A. Sangma, Kabir G. Momin, Egyptson Marak, Churikram J. Sangma

Front L to R : Chijime A. Sangma, Pillina A. Sangma, Efgira G. Momin, Gristalin R. Marak, Kakamchi T. Sangma, Haney G. Marak, Norimchi B. Marak



4 SEM SOCIOLOGY HONS

Back L to R : Pangkimra M. Marak, Selbastin Ch. Marak, Augustine Rangsa Marak

Middle L to R : Rikwal A. Sangma, Silgring R. Marak, Rike Tengsu R. Marak, Jasai R. Marak, Gilbirth A. Sangma, Chesim Bandsal K. Sangma

Front L to R : Tengme R. Marak, Riksha A. Sangma, Mechira Momin, Minilla Ch. Momin, Adorina G. Momin, Veronika M. Sangma, Presitha Ch. Marak



4 SEM SOCIOLOGY HONS

Back L to R : Chikame Clara D. Sangma, Gipchi R. Marak, Rikwal A. Sangma,
Chalwith A. Sangma, Barsna R. Marak, Chesim Bandsal K. Sangma

Front L to R : Silse Ch. Marak, Rikhesa A. Sangma, Anamesa R. Marak, Walmitchi Ch. Marak,
Cheniyanochi Ch. Marak, Nosarina G. Momin, Nelchi R. Marak



4 SEM PHILOSOPHY HONS

Back L to R : Ruksal R. Sangma, Sengsram K. Marak, Tengman Sangma, Rakkam G. Momin,
Sunfield M. Sangma

Front L to R : Saldora A. Sangma, Sonadevi Rabha, Pobitra Koch, Jakmatchi D. Sangma,
Chonme M. Momin, Jackiechiang Ch. Marak, Luinzer N Sangma



6 SEM ECONOMICS HONS

- Back L to R : Saljagrik N Areng, Salakim K. Marak, Srikanth Pradhan, Dinu Kumar Hajong, Cherak A. Sangma, John Brillyan R. Marak, Chiam Righler S. Sangma
- Middle L to R : Karan Banai, Prangkhu R. Marak, Gracy S. Sangma, Rangmatchi Ch. Sangma, Ayshanur Nehar, Manasa M. Momin, Grimchi Ch. Marak, Anithira N. Sangma, Diya Dey
- Front L to R : Lastmarry G. Momin, Sonyrikmatchi B. Marak, Brilianta Ch. Marak, Renche M. Sangma, Satchia T. Sangma, Prity Hajong, Silastin M. Sangma



6 SEM EDUCATION HONS

- Back L to R : Arimba R. Marak, Benthing Ch. Marak, Grover A. Sangma, Aman Thapa, Ansao Chiga Ch. Sangma
- Middle L to R : Alpriang D. Sangma, Glory Ch. Sangma, Juniarosy M. Sangma, Banme M. Sangma, John Balka, Arkline G. Sangma
- Front L to R : Chechina R. Sangma, Emelia S. Sangma, Blesha R. Marak, Joana D. Marak, Baljitha M. Marak, Chikambe M. Marak



6 SEM EDUCATION HONS

- Back L to R : Melson M. Sangma, Sengba S. Sangma, Nokman Jackarius M. Marak, Chekam P. Marak, Reinhard S. Marak, Kimkim I. Marak
- Middle L to R : Menurisha M. Sangma, Tangkamchi B. Marak, Dimre M. Marak, Pamchi A. Sangma
- Front L to R : Shaverline T. Sangma, Tengkame A. Marak, Nosilchi A. Sangma, Treasachima A. Sangma, Priangchi B. Marak, Patisa N. Marak



6 SEM ENGLISH HONS

- Back L to R : Subadipto Hajong, Bipu G. Momin, Salgrik D. Marak, Posonjit Hajong, Nobalston M. Marak, Chingsrang D. Sangma, Chakram D. Sangma
- Middle L to R : Chijang M. Sangma, Tengrimchi Ch. Momin, Tangkamchi P. Marak, Sonaly M. Sangma, Senganchi R. Marak, Rangra D. Areng
- Front L to R : Newfield D. Sangma, Trishna R. Marak, Soumeeta Barman, Mautika Koch, Chaininetchi Momin, Deepa Barman, Kalkame Ch. Marak,



6 SEM GARO HONS

- Back L to R : Prekinstand N. Sangma, Polith Ch. Marak, Tengsurik D. Sangma, Rikrak M. Sangma, Elwin D. Sangma, Raksin D. Marak
- Middle L to R : Janjira N. Areng, Salginchi A. Sangma, Sengnatchi K. Marak, Balgito N. Marak, Balsame A. Sangma, Nokkani D. Sangma
- Front L to R : Enisa A. Sangma, Elgania A. Sangma, Sangme Ch. Sangma, Chuchina O. Sangma, Noring M. Momin, Premchi M. Marak



6 SEM GARO HONS

- Back L to R : Rakhan Ch. Marak, Hezekia M. Sangma, Tengrang T. Sangma, Chionrik Bajaman A. Sangma, Chingkam A. Sangma, Mathiash R. Marak
- Middle L to R : Mark Bilcham R. Marak, Johnty M. Marak, Salchera A. Sangma, Salchim M. Marak, Pipson D. Sangma, Salchura Matgrik T. Sangma
- Front L to R : Chidilsa M. Sangma, Isabell M. Sangma, Enia R. Marak, Basthirani N. Sangma, Evrinya M. Sangma, Noringchi R. Marak



6 SEM HISTORY HONS

- Back L to R : Pringsil M. Sangma, Chinthu R. Sangma, Suman Hajong, Silseng G. Marak, Pattiangku K. Sangma, Chenivier R. Marak
- Middle L to R : Arik B. Sangma, Immanuel M. Marak, Doame Chingchira M. Sangma, Namchi Ch. Marak, Namchi Ch. Marak, Namre D. Marak, Sengka T. Sangma
- Front L to R : Demeranche R. Marak, Chandrika R. Marak, Tulima Rabha, Lasmi Hajong, Norikchi M. Marak, Wantcera A. Sangma



6 SEM PHILOSOPHY HONS

- Back L to R : Charlingbirth R. Marak, Silgrik B. Marak, Cherek D. Sangma
- Middle L to R : Ignatiush Chesrang R. Marak, Elbish G. Momin, Jasim A. Sangma, Clement Ch. Marak, Chingsrang B. Marak
- Front L to R : Hensila R. Marak, Balkimme A. Sangma, Jasanchi Ch. Sangma, Tracy Chisim Sangma, Besley R. Marak



6 SEM POLITICAL SCIENCE HONS

Back L to R : Tranywell A. Marak, Miller A. Marak, Ronggrik Ch. Sangma, Pilangoway R. Marak, Sembibirth Ch. Sangma

Middle L to R : Dilang S. Sangma, Senliubirth Momin, Francish B. Sangma, Chickoo D. Sangma, Clement A. Sangma, Sebingstone B. Marak

Front L to R : Nandhomie D. Sangma, Patia Namesa R. Marak, Kakachi M. Sangma, Therak M. Marak, Tengbachi R Marak, Piya Ch Marak



6 SEM POLITICAL SCIENCE HONS

Back L to R : Jordan Tarak M. Marak, Enok M. Sangma, Martinelbush Ch. Marak, Rikseng S. Sangma, Bryan Teman D. Sangma

Front L to R : Trejina A. Sangma, Domera B. Marak, Silma G. Momin, Priyanka Hajong, Tengrakchi R. Marak



6 SEM SOCIOLOGY HONS

- Back L to R : Rexwell D. Areng, Nikita Talukdar, Habana M. Marak, Mikimme Tangchina Ch Marak, Champia A. Marak, Nojim T. Sangma
- Middle L to R : Bailobina M. Sangma, Chiangchi T. Sangma, Dalchira S. Sangma, Chigasa M. Sangma, Preetynobish M. Marak
- Front L to R : Tangsera R. Sangma, Nikita Talukdar, Habana M. Marak, Mikkime Tangchina Ch. Marak, Champia A. Marak, Nojim T. Sangma

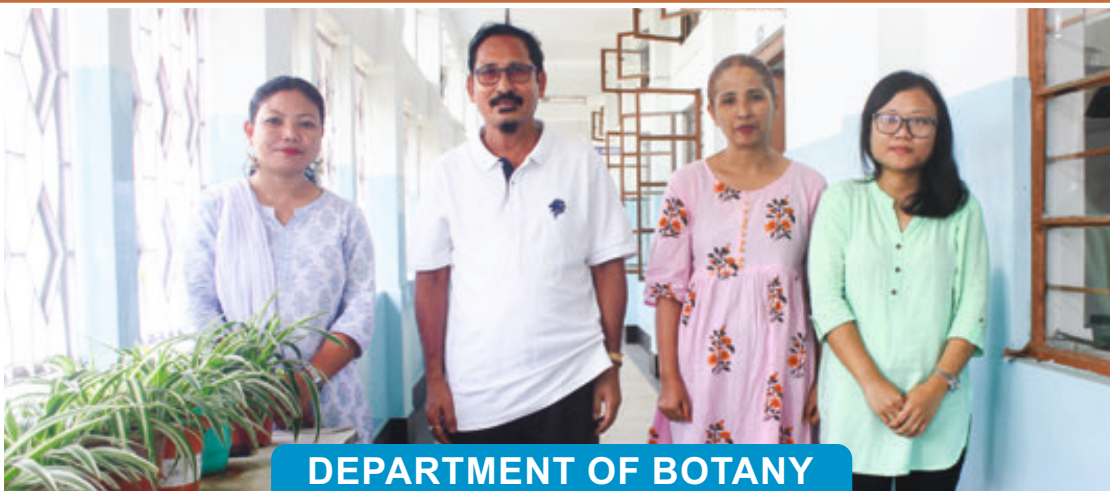


Parents' Meet of Commerce



TEACHING STAFF (SHIFT ONE)

L to R : Miss Friangky M. Marak, Miss Tusumika Adhikari, Miss Sonatchi T Sangma, Miss Nokme M. Marak, Miss Suzan Maryl S. Marak, Mrs. Rubitha A. Sangma, Miss Jakmatchi M. Sangma, Miss Judalin Kharshandi, Miss Jordana R. Marak, Mr. Jakrimra R. Marak, Mr. Abijit Sarkar, Mr. Tengchak K. Sangma, Mr. Bindarash R. Marak, Mr. Chekam Ch Marak, Mrs. Ringse Rani Patringchi K. Marak, Miss Ambalika M. Marak, Mr. Pynshai G. Momin, Mr. Thomas M. Marak, Dr Albert S. Tirkey, Mr. Jesterfield D. Sangma



DEPARTMENT OF BOTANY

L To R: Chichi Ch Sangma, Jiten Ch Dang (HOD) Lilybell Ch Marak, Estania D Shira



DEPARTMENT OF CHEMISTRY

L to R: Dhiraj Kumar Rabha, Madhusudhan Saha, Jayatosh Dey (HOD), Popy Dey



DEPARTMENT OF COMMERCE

L to R: Sugata Debnath, Andrew B Sangma, Mridul Chanda, Sabindra Barman (HOD), Namsang K Marak, Kaushik Paul



DEPARTMENT OF ECONOMICS

L to R: Tengsuang K Sangma, Koyel Roy, Bravewell Mawthoh, Siddhartha Roy (HOD)



DEPARTMENT OF EDUCATION

L to R: Rubitha A Sangma, Meuller Beul M Sangma, Uma Bhowmik (HOD)
Abhimanyu Sharma



DEPARTMENT OF ENGLISH

L to R: Tengme K Marak, Sr. Lucy R Marak (HOD), Cherimchi M. Sangma,
Genevieve A Sangma, Barbara S. Sangma, Zinnia K Marak



DEPARTMENT OF ENVIRONMENTAL SCIENCE

L to R: Aksana Neah Ch Marak, Surjoron Hajong, Chichi Ch Sangma



DEPARTMENT OF GARO

L to R: Colnat B Marak, Anita Ch Momin, Christina D Sangma, Nicholas M Sangma (HOD)



DEPARTMENT OF GEOGRAPHY

L to R: Walchi R Marak, Ksanbor Kharkongor (HOD), Alwisha T Sangma



DEPARTMENT OF HISTORY

L to R: Cherimchi T Sangma, Tapsreng Jones K Sangma, Sanggra A Sangma (HOD), Sengprang A Sangma



DEPARTMENT OF COMPUTER

Kaushik Paul



DEPARTMENT OF MATHS

Anil Kumar (HOD), Habul Ch Das



DEPARTMENT OF PHILOSOPHY

L to R: Westerly R Marak, Wanphai M.K. Japang (HOD), Frianky M Marak, Ferick Salnang D Sangma



DEPARTMENT OF PHYSICS

L to R: Yubaraj Sharma, Mahidar Rajbongshi (HOD), Gaurav Biswas, Arindam Ghosh



DEPARTMENT OF POLITICAL SCIENCE

Back: Kimberley Nokimbe G Momin, Bristina D Shira, Jordana Dipera R Marak
Front: Binendro N Marak (HOD)



DEPARTMENT OF SOCIOLOGY

Judalin Kharsandi (HOD), Bikki Ch Sangma, Tusumika Adhikari



Salesian Community 2023 (Don Bosco College, Tura)



Fr Arimboor Louis
Administrator



Fr Bivan Rodriques Mukhim
*Rector and Principal
DBC*



Fr Pius Varghese
*Vice Rector and Principal
DBCTE*



Fr John Paul
Vice Principal, DBC



Fr Nidhin Kuttipalackal MST
Student - B.Ed



Bro. Kullu Lebanus
Student - B.Ed



**Bro Godwin Sapphireson
Kharkongor**
Student - B.Ed



Bro Minj Aseet
Student - B.Sc

CLASS PHOTOS (SHIFT TWO)



2 Sem BA Economics Hons

- Front L to R : Attamchi R Marak, Sengkim Tangkame T Sangma, Balsina A Sangma, Cynthia R Marak, Chesime G Momin, Aranchi D Marak, Bidanchi M Marak, Pallabi Hajong, Chinera Ch Marak
- Middle L to R : Avera G Momin, Bonkamchi G Momin, Teara Merry D Sangma, Krishnalini Chandary Koch, Mary Grikchime A Sangma, Eshika Hajong, Alka Flora K Sangma, Tangkame Redilchi M Sangma, Rikechi Wedo D Shira
- Back L to R : Isory M Marak, Jaksrame Onasa A Sangma, Asnah Asara A Sangma, Deara B Marak, Jansi Chera M Marak, Rimchilla Ch Momin, Serynosa Ch Marak, Liza R Marak



2 Sem BA Economics Hons

- Front L to R : Tosang N Sangma, Tonang Ch Sangma, Boyoung T Sangma, Balrimchi N Sangma, Rangrang R Sangma, Chigasal Marak, Dilsrang Ch Marak, Tarsanbath Ch Marak
- Middle L to R : Harsh Vardhan Chhetry, Rudian Rangsan R Marak, Tombe Achue R Marak, Siprian Surin, Nobel R Marak, Sengnar Ch Marak, Thaichang K Marak, Atchiso Ch Momin
- Back : Tangsal D Shira, Tengreba R Marak, Chainy T Sangma, Silgrik T Sangma, Danier Tengba Ch Sangma, Mikkimbal A Sangma



2 Sem BA Education Hons

- Front L to R : Bonsilchi R Marak, Isaia D Sangma, Sorina K Marak, Praibila K Marak, Cloudya Nerisa G Momin, Twinkle R Marak, Simdine T Sangma, Tulsi Hajong, Lenitha K Marak, Lashmi K Sangma, Mibachiana R Marak, Repchina M Marak, Silrikchi A Marak
- Middle L to R : Jerim Ch Sangma, Bhanupriya Koch, Dimchian D Sangma, Bldanchi R Marak, Teanchi Ch Sangma, Sengkame Noshia M Marak, Changninge D Sangma, Jastrina Mary K Marak, Tarikge N Marak, Sakkina R Sangma, Banisha A Sangma, Tengchina Ch Momin, Bonche Ch Momin, Predimchi B Marak, Ashley Jeanco B Marak
- Back L to R : Chris Ken K Marak, Ignatiush D Sangma, Bethany R Marak, Admainor M Marak, Nomesa T Sangma, Pijitha R Marak, Elbera Ch Marak, Kadime D Shira, Mimasa A Sangma, Trisha Amiera Ch Momin, Cheanna Dangrey M Sangma, Greatbirth D Sangma, Alvedo R Sangma, Pangrak B Marak, Jakius N Sangma



2 Sem BA English Hons

- Front L to R : Sengkamchi R Marak, Mikkatchi Daring, Bakrime K Marak, Tresty Tesha R Marak, Betsey N Sangma, Altachena Momin, Jenorina R Marak, Eujia Buam Ch Marak, Chea Rikrimchi D Momin, Kiran Thapa, Dana Onchri M Sangma, Medimbe D Marak, Serina T Sangma, Kiljewainy R Marak
- Middle L to R : Nafisa Dikrimchi K Sangma, Wanme K Sangma, Mkkimchi K Sangma, Rosy M Marak, Bency A Sangma, E nubilla Ch Momin, Tinkle Ch Marak, Tenaratchi M Sangma, Chueni M Sangma, Eve Chelsea M Sangma, Akangsha Merry A Marak, Victoria N Marak, Chendira Dodiilchi Ch Momin, Kuringchi Silga K Marak, Nokje G Sangma, Dokatchi Shira, Tengchime D Marak
- Back L to R : Abihail Mingku N Marak, John Debbarma, John Jovial Ch Marak, Farnandho R Marak, Asako Mikasal Ch Marak, Feroz Mathew M Sangma, Ian Bidado G Momin, Kargil Ch Sangma, Haritian Ch Momin, Lester Vivian Tommy M Sangma, Chakram N Sangma, Bonanza K Sangma, Yuraj J Saha



2 Sem BA Garo Hons

- Front L to R : Nosamebalmatchi Ch Marak, Salme Ch Marak, Jeltabeth R Sangma, Venisha R Marak, Chonsylia M Sangma, Owesa Anttame M Sangma, Silbesha G Momin, Gimebache D Sangma, Cheanchi Ch Marak, Meblina D Shira, Lasmi A Sangma, Chukimme D Shira, Rasongsa Ianchi Ch Marak, Bithalina R Marak
- Middle L to R : Jonijabho B Marak, Waldo R Marak, Pangkam B Marak, Channe N Sangma, Nibara Ch Marak, Krensil M Marak, Soniatha R Marak, Altina Ch Marak, Silvina D Sangma, Tengrakchi A Sangma, Pransilla B Sangma, Silgimchi M Marak, Norikme M Sangma, Cherik G Sangma, Tesilchi R Sangma, Mikjeng Ch Marak, Busan K Sangma, Bilkamchi D Sangma
- Back L to R : Sengkam M Sangma, Tengkam S Sangma, Chanam G Sangma, Grikcheng A Sangma, Clinton R Marak, Gamsal A Sangma, Milkabirth A Sangma, Kringban K Sangma, Fraimine R Marak, Tatara T Sangma, Pangkam T Sangma, Dominic Momin, Jeckius M Marak, Canisius D Sangma, Jenyston Ch Sangma



2 Sem BA Garo Hons

- Front L to R : Arisa Abanmi D Shira, Else G Sangma, Bidanchima B Sangma, Silname Ch Marak, Oshin Mana M Marak, Sanggita Norime M Sangma, Jerina M Sangma, Chekimme R Sangma, Sengrimchi R Marak, Aiaosa S Sangma, Anjilisha B Marak, Senaisha Niksamchi R Sangma
- Middle L to R : Nikame Ch Momin, Kimde Ch Momin, Norikchi Salkame Ch Marak, Rittimchi R Sangma, Rangami Ch Marak, Terok Wegara Momin, Olivia N Marak, Chisamme B Marak, Rosmia Ch Marak, Akasha Ch Sangma
- Back L to R : Changlay N Sangma, Pangkim S Marak, Minggam Rongching S Marak, Rikbirth Ch Marak, Chadoran M Marak, Ansrang Ch Marak, Kumkum Jabirang T Sangma, Sengkim T Sangma, Fleance Chingsrang R Sangma, Brigam J Sangma



2 Sem BA History Hons

- Front L to R : Silballina B Marak, Aprellina A Sangma, Tenja K Sangma, Weyano Ch Marak, Nome S Sangma, Papiya Ghosh, Salanchi T Sangma, Jimchidiara M Sangma, Chukame R Marak, Chubame Cheasa R Marak, Chimikchi Ch Marak, Ripbame M Sangma
- Middle L to R : Winsley R Marak, Ajiama D Marak, Ringcheringra B Marak, Holisha Helina A Sangma, Sarah Stevie S Marak, Baladalin Rajee, Mikkimchi Ch Marak, Ananchi R Marak, Damsil A Sangma, Demi Rinchi G Momin, Chisame K Sangma
- Back L to R : Noanchi R Marak, Danchi S Sangma, Onkamesa R Marak, Nosanchi A Sangma, Ringansha Bidanchi R Marak, Candi D Sangma, Anania R Marak, Chnish R Marak



2 Sem BA History Hons

- Front L to R : James Paniel K Marak, Theang Sangma, Jedinbirth P Sangma, Augustine M Marak, Qius D Sangma, Sengwill N Sangma, Silgram M Sangma, Bunbun Ch Sangma, Prosbal A Marak
- Middle L to R : Nikki G Sangma, Jethly S Sangma, Maybirth N Areng, Dichol Gijjeng Ch Marak, Felix Rikjang M Sangma, Baichung N Sangma, Drawets M Marak
- Back L to R : Dryster S Sangma, Binchengrak T Sangma, Salchuang A Sangma, Emanuel Ch Marak



2 Sem BA Philosophy Hons

- Front L to R : Norinchi Ch Marak, Minchera T Sangma, Lona Ripsey B Marak, Bilme D Sangma, Susana Maria R Marak, Bianalisha Sangma, Samaria B Marak, Norakcherabath A Sangma, Agatha M Sangma, Nosilchi N Sangma, Nangrime N Sangma, Omedakershisha J Sangma
- Middle L to R : Nigam D Shira, Sengsrang M Marak, Diksilchi D Shira, Margaretha A Sangma, Balkame R Marak, Joritha R Marak, Rikme Rosa M Sangma, Jaksilchi Ch Marak, Tengrikchi Ch Sangma, Chakme R Sangma, Bapun N Areng, Cherikim G Momin
- Back L to R : Walma M Sangma, Todingra Matgrik Ch Marak, Jemesbirth M Sangma, Maxobirth R Marak, Chean Wesley B Marak, Cheran M Sangma, Patian N Sangma, Pijush N Areng, Chenang M Sangma, Sirlacse M Marak, Pringprang R Marak



2 Sem BA Political Science Hons

- Front L to R : Ronibel N Sangma, Monalisa N Sangma, Kumia B Sangma, Silgrikme D Sangma, Rikesa Kadimchi S Marak, Pringchi Sangma, Rupsana N Marak, Nikamsha D Sangma, Bimiksha T Sangma, Sengnachi Abiso A Sangma, Monalli Hajong, Geniva D Sangma
- Middle L to R : Annesa M Sangma, Cheosa Wegara Ch Marak, Puja Datta, Lasme R Marak, Banrihun Kharsyiemi, Dimbrimbal S Sangma, Tamara D Sangma, Sanre B Marak, Mini A Sangma
- Back L to R : Daiana Ch Marak, Neeharika Leana T Sangma, Laknome B Marak, Timinchi M Sangma, Jeremia Ch Marak, Trarian Ch Momin, Venita Mary Hasdak



2 Sem BA Political Science Hons

- Front L to R : Barkish Ch Marak, Salkam Paschal Ch Momin, Harwish A Sangma, Chingkam M Sangma, Larmeia N Marak, Hanania Ch Marak, Tosang Goera Ch Marak, Kakam M Sangma, Jamjam R Marak
- Middle L to R : Chongkim D Sangma, Iraque M Sangma, Janak Koch, Lakshniram Hembrom, Siljeng R Sangma, Bimbistar Ch Sangma, Joackim Salak A Sangma, Alricko M Marak, Trycotyo N Marak
- Back L to R : Pringku T Sangma, Hailstone M Sangma, Tengsrang A Sangma, Tesrang B Marak, Kamkam D Sangma



2 Sem BA Sociology Hons

- Front L to R : Chingmera B Marak, Banira B Marak, Chingrakhy R Sangma, Ringsimme N Sangma, Tengnatchi M Marak, Sweetmery A Sangma, Agrimchi Ch Sangma, Lasina K Sangma, Desrame A Sangma, Ansilla A Sangma, Ruma Das, Sahina D Sangma
- Middle L to R : Norombi A Sangma, Cheana Ch Marak, Sabina R Marak, Genesis Ripamchi M Marak, Relisha Ch Momin, Raksmi A Sangma, Grikmachi M Marak, Mercy R Marak, Nogame M Marak, Shalina Hajong, Biginchi Ch Marak, Shreya Saha, Annya Chesime A Marak
- Back L to R : Senolin Sangma, Nikha S Sangma, Cheri A Sangma, Chonkamse Ch Marak, Smora A Sangma, Amica A Sangma, Chesisa M Sangma, Namki G Momin, Pangchi A Sangma, Meroline Ch Marak, Changchira M Sangma, Amana Churike Ch Marak



2 Sem BA Sociology Hons

- Front L to R : Jabirong D Sangma, Leechang C Marak, Tengchuang T Sangma, Gamseng D Sangma, Gamrikra C Marak, Amrik R Sangma, Joe Jimmy R Marak, Chesrang Massa K Sangma
- Middle L to R : Chesrang Franklin Ch Marak, Saljrang R Marak, Salangku Tejrang M Sangma, James A Sangma, Tengboy S Sangma, Damian N Marak, Largestine Ch Marak
- Back L to R : Joachim Salak A Sangma, Tengchang A Marak, Amsrang Cherik S Momin, Ismail D Marak



2 Sem Geography Hons

- Front L to R : Arisa Abanmi D Shira, Else G Sangma, Bidanchima B Sangma, Silname Ch Marak, Oshin Mana M Marak, Sanggita Norime M Sangma, Jerina M Sangma, Chekimme R Sangma, Sengrimchi R Marak, Aiaosa S Sangma, Anjilisha B Marak, Senaisha Niksamchi R Sangma
- Middle L to R : Nikame Ch Momin, Kimde Ch Momin, Norikchi Salkame Ch Marak, Rittimchi R Sangma, Ranggami Ch Marak, Terok Wegara Momin, Olivia N Marak, Chisamme B Marak, Rosmia Ch Marak, Akasha Ch Sangma
- Back L to R : Changlay N Sangma, Pangkim S Marak, Minggam Rongching S Marak, Rikbirth Ch Marak, Chadoran M Marak, Ansrang Ch Marak, Kumkum Jabirang T Sangma, Sengkim T Sangma, Fleance Chingsrang R Sangma, Brigam J Sangma



2 Sem B.Com Hons

- Front L to R : Ritchuang R Marak, Alpritha N Sangma, Dime K Sangma, Saloatchi Ch Marak, Chesilbia M Sangma, Risha N Marak, Tulasa Sharma, Algira S Momin, Trenisa Chesalsa R Marak, Grosbina Ch Sangma, Tendira B Sangma, Pringchian M Sangma
- Middle L to R : Chimasa D Sangma, Pringkame M Sangma, Sillangchi R Sangma, Anse Cheara D Areng, Salnitha Marak, Anisha Lohar, Fridy Salchi D Sangma, Simran Basfor, Preeti G Sangma
- Back L to R : Attractive Preme Ch Marak, Biatchi D Shira, Chigambe R Marak, Traneja Alkame Ch Momin, Ripamchi N Sangma, Mitika Hajong



2 Sem B.Com Hons

- Front L to R : Sengkam R Marak, Sibanan Hajong, Sundaymoon Ch Marak, Maxuel D Sangma, Arju Marak, Chusrang D Shira, Tengchang G Momin, John Altowang B Marak, Bilgora Ch Sangma, Pritam M Sangma, Sunshine M Sangma, Sujan R Marak
- Middle L to R : Dechangku S Sangma, Bilsan Cherak B Marak, Riprap Ch Sangma, Bindioush G Momin, Bartho Ch Sangma, Sengba R Sangma, Holano D Marak, Dongrim A Sangma, Zakharia Sangma, Ronambath N Sangma, Sengku Ch Marak, Tanmay Ghosh
- Back L to R : Jackiush N Sangma, Akai R Marak, Jabirong K Sangma, Kakam M Marak, Minggam D Sangma, Jakrasil N Sangma, Dekim Chedosal T Sangma, Bhuvan Roy, Ian Chegam K Marak, Jaksram B Sangma, Gamchu R Sangma, Tengsu Ch Marak, Decembirth S Momin



Assembly



2 Sem B.Sc Botany Hons

Front L to R : Bilcham R Marak, Jeremiah D Sangma, Zaphenath Pania A Sangma, Ajay Basfor
 Back L to R : Tangkachi Ranggitchu R Marak, Juleekha Ahmed, Lincy R Marak,
 Pringchi Sangma, Haycina G Momin, Priyanka Hajong



2 Sem B.Sc Chemistry Hons

Front L to R : Smera D Sangma, Sudeshna Ghosh, Nikita Sarkar, Aiura R Marak, Cheasa Christie T Sangma, Ashbell Areli M Sangma

Back L to R : Jitu Rabha, Subhankar Hajong, Chean Juny Warmeam R Sangma



2 Sem B.Sc. Maths Hons

Front L to R : Nokme J Marak, Amusha Sangma, Mirzana D Marak, Elsaritha K Marak, Betilchi R Marak, Annichia G Momin, Ranumary M Sangma, Chikame R Marak, Dilche Nisha R Marak, Prabhati Banai

Middle L to R : Minggam K Marak, Benzion R Marak, Upasana Roy, Raksha Srivastava, Priety Koch, Ezel Asrikam M Sangma, Tonmoy Roy Hajong

Back L to R : Enopetras W Momin, Denias N Sangma, Saljagring M Sangma, Balkim D Sangma, Pheubirth M Marak, Tangbang Tegrik K Marak



2 Sem B.Sc Physics Hons

Front L to R : Eli Rakame D Sangma, Grikatchi Ch Marak, Nitte Pulliar Ch Momin, Cheba Ammchi R Marak, Bacilisha D Marak, Chingkime Sangma, Moeva R Sangma, Amanchi M Sangma, Mikasil Biginchi Ch Sangma

Middle L to R : Habakku R Sangma, Ronggrik R Marak, Chiontim Hery D Shira, Jordan R Marak, Ayush Prasad, Arjun Kumar

Back L to R : Sengba R Marak, Saljrang A Sangma, Chuangku R Sangma



2 Sem B.Sc Zoology Hons

Front L to R : Bibha Hajong, Smriti Banai, Tancy Aisha N Sangma, Gandhira D Marak, Threnisha D Sangma, Eightyra A Sangma, Kathryn N Sangma, Ama Bianchi M Sangma, Saljakchime D Sangma

Middle L to R : Anisha Chekame D Shira, Shara K Marak, Vidya Bharti Narayan, Nokme J Marak, Aratiy Narayan, Dekamchi Ch Marak, Sharmista Das, Nikesa Donna M Marak

Back L to R : Eric Gamsrang M Sangma, Ranggam M Marak, Dimbo T Sangma



4 Sem B.Sc Botany Hons

- Front L to R : Dimrimchi G Momin, Britney B Marak, Silbia Ch Marak, Jaslina D Sangma, Tusime K Sangma, Mammia Cheani B Marak, Chisa Mechabal D Sangma, Ione B Marak, Bristi Chakraborty, Azeka Namesa R Marak
- Middle L to R : Moya Jamatia, Ziera Chigam N Sangma, Nisita Hajong, Rikgamchi Ch Marak, Birimchi K Sangma, Farshabell Rimsu, Cheana Banchera Ch Momin, Memcyvine M Sangma, Pinchi S Marak, Flora Ch Marak, Elizabeth Marak, Logick G Momin
- Back L to R : Sengrikan A Sangma, Namkam M Sangma, Yuventhus R Marak, Walman D Sangma, Chekam Ch Marak, Hira Rikpante C Marak, Teran A Sangma



4 Sem B.Sc Chemistry Hons

- Front L to R : Kambechi K Sangma, Bismoya Ponna Hajong, Dimrikchi M Sangma, Perina Mary Khongsit, Senganchi G Momin, Chimik Chisa B Marak, Lastbontera M Sangma
- Back L to R : Kelly G Momin, Raj Kumar Saha, Jeremiah T Sangma, Sebastian M Momin, Matgrik T Sangma, Armstrong D Marak, Jrangsime K Sangma



4 Sem B.Sc Maths Hons

Front L to R : Bornali Hajong, Chisha R Sangma, Lomesa M Sangma, Ninna Nisitha R Marak, Chebitchi D Sangma, Aritri Saha, Sweetchi R Marak, Chaname D Sangma, Tanave Chikara D Sangma, Grikme D Shira, Gitingchi G Momin

Back L to R : Sendswell Ch Marak, Bhoobysal Rakamsa D Sangma, Symond Schorno G Momin, Ahab M Marak, Arron Babra R Marak, Kalwith D Sangma, Chaidiang R Momin, Tengku T Sangma, Tengkin Wood M Sangma, Walrush N Marak, Niraj Gupta



4 Sem B.Sc Physics Hons

Front L to R : Silginchi G Momin, Chisimit D Shira, Cheangchina M Sangma, Anjali G Momin, Dimre M Sangma, Donchiring M Marak, Chesilchi A Sangma

Back L to R : John Hendrick R Marak, Henry M Sangma, Welsabath G Momin, Chukam N Sangma, Thingkubirth D Shira, Sinai Debbarma



4 Sem B.Sc Zoology Hons

- Front L to R : Bambina D Marak, Chename N Sangma, Nosalia S Sangma, Aditha Hajong, Kambesa N Marak, Chiama R Marak, Silkame Valencia N Areng
- Back L to R : Tengsram Ch Sangma, Mighty Charm Sengchot R Marak, Kritun Hajong, Mansram A Sangma, Balgra M Marak, George Kenedy M Sangma



4 Sem BA Economics Hons

- Front L to R : Bipasha Das, Clarysha T Sangma, Kasaa Pattiachi G Momin, Christiana A Sangma, Chiambi Marak, Canny Thursday S Momin, Barkamchi G Momin, Chaname Ch Marak, Cherry Damchi N Marak, Anjana Dey, Ranu Basfor, Leshanna N Sangma
- Middle L to R : Jেনিয়া চ মমিন, Santha Priety R Marak, Dingche M Marak, Tase Victoria A Sangma, Ripamchi D Sangma, Ammeo Nikesa A Sangma, Dorji Lhaden, Jumesha M Marak, Aimasa K Marak, Ariksha B Marak, Pritylota Hajong, Tshering Choki
- Back L to R : Mebina M Marak, Chisaweara R Marak, Riksamchi K Sangma, Walsrame A Sangma, Biamik Agaba K Sangma, Angoori T Sangma, Kadimchi Ch Momin, Mapuy A Momin



4 Sem BA Economics Hons

- Front L to R : Sengsrang Ch Marak, Donchangspel G Momin, Holybirth R Marak, Nikhil Koch, Amsrang R Sangma, Rupmera K Sangma, Sendistar M Sangma, Tengrang M Sangma, Arygydo Orimo C Marak
- Middle L to R : Jose Louis Romeo Ch Momin, Greatfield Ch Marak, Balkasin M Sangma, Keane Cherikam S Marak, Todean Ch Sangma, Sheldon Chigan K Marak, Tengchang R Sangma, Jakrimra K Sangma, Alex A Sangma
- Back L to R : Sunday Sengwath M Sangma, Chaban R Marak, Nicky R Marak, Alfredo Ch Marak, Chuangsaldo Ch Marak, Chedilba A Sangma



4 Sem BA Education Hons

- Front L to R : Christina A Sangma, Chiambi D Sangma, Chesabell A Sangma, Damchira R Marak, Rumpy Deb Nath, Komsilla S Sangma, Arimchi G Momin, Chenam Ch Marak, Achisil Chirikra D Sangma, Amse Thora Ch Sangma, Neha Ch Momin, Arje M Sangma
- Middle L to R : Nikrimchi N Sangma, Anna Chidare M Areng, Likhupianchi G Momin, Tengrey M Sangma, Dajiam Ch Marak, Firstlina D Marak, Winchi Ch Marak, Gamchi Kadime N Marak, Maristella Maukal, Wilchera R Marak, Tasim Chirik Ch Sangma
- Back L to R : Tasriama B Marak, Priyanka Sarkar, Arusa Casemia B Marak, Lekamchi M Marak, Tamchi K Sangma, Merry Terangpi, Chigasil Ch Marak, Zizia R Marak, Balsime Ch Sangma



4 Sem BA Education Hons

Front L to R : Bremio M Sangma, Ladin R Marak, Ayush Hajong, Jerico R Marak, Rakbil D Shira, Galsrang R Marak, Glaydimart M Sangma, Owen Ch Marak

Back L to R : Milluson M Sangma, Salsrang Marak, Simseng Ch Momin, Mancius D Sangma, Micayel G Momin, Salgra Momin, Karan Hajong, Chekam Ch Sangma



4 Sem BA English Hons

Front L to R : Crytina Ch Marak, Nikkame T Sangma, Maritha R Marak, Rimichiana M Sangma, Rusika Sangma, Susmita Saha, Sumitra Modak, Iphinna N Areng, Zennyamasa D Sangma, Kilsera T Sangma

Middle L to R : Tracy R Marak, Patricia Ch Marak, Phoebe Mongchi M Marak, Atchian Naman Salosa D Sangma, Chingkamchi T Sangma, Jiyajyoti Hajong, Atchiasa D Areng, Saroj Charan, Elina Hajong, Changkame Ch Marak

Back L to R : Gamchera Ch Marak, Aero M Marak, Beauderitha R Marak, Eva Amesha R Sangma, Balname Chuangkande K Marak, Cheychiya T Sangma, Safina Begum, Probilla Ch Marak, Thangrikchi B Sangma



4 Sem BA English Hons

Front L to R : Tengbasal M Marak, Petrush Maukal, John Leverth D Sangma, Agape Cheansal M Marak, Hezrel A Sangma, Vicky A Sangma

Back L to R : Amrik Bonsrang M Marak, Vayam G Sangma, Henry S Sangma, Kunal Hajong, Manterak D Shira



4 Sem BA Garo Hons

Front L to R : Grikanchi A Sangma, Senganchi M Sangma, Amisha S Sangma, Meritha Ch Marak, Jesiana Ch Momin, Jakkime D Sangma, Hansha M Sangma, Delighty Ch Sangma, Chemit A Sangma, Sanchi B Marak, Mejitha B Marak, Williansanthe B Marak

Middle L to R : Dachi Salome B Marak, Kaveri S Sangma, Skanchi M Sangma, Sambrella R Marak, Noreanchi Ch Sangma, Gracebidil Ch Marak, Terimchi M Marak, Archida R Marak, Afritha B Marak

Back L to R : Norikme T Sangma, Sengkime D Sangma, Amrey A Sangma, Bichudokatchi S Momin, Damberike R Marak, Pringchi G Momin



4 Sem BA Garo Hons

Front L to R : Lohan A Sangma, Suprian J Sangma, Namdoang Ch Momin, Jemes M Sangma, Micky Goera M Sangma, Mithan Ch Marak, Sachon A Sangma, Mileston R Marak

Middle L to R : Sonu R Marak, Wilneth M Sangma, Elembirth R Marak, Tonang T Sangma, Pritamprinco M Sangma, Nenggrik R Marak, Jobin D Marak

Back L to R : Chenky A Sangma, Pericles M Sangma, Ranggam A Sangma, Kairush R Marak, Rakam N Sangma



4 Sem BA Geography Hons

Front L to R : Tangchira M Sangma, Kasanchi M Sangma, Cassa Evana G Momin, Bebiana Ch Marak, Dimre M Sangma, Vanessa N Marak, Senganchi M Sangma, Mary Dominica Ch Sangma

Middle L to R : Akkamchi Ch Momin, Niketha Hajong, Wilme M Marak, Torie Noga A Sangma, Monti Saha, Dorjee Pema Thungon, Tesilchi N Sangma

Back L to R : Pompilla A Sangma, Nokamsa G Momin, Sneha Koch, Olimea N Sangma, Boshira Akond Moni



4 Sem BA Geography Hons

- Front L to R : Ardy B Marak, Haiyan Subham G Sangma, Dikkara A Sangma, Dimdim M Sangma, Dechabilrak Ch Marak, Chekim G Momin
- Back L to R : Chesram Rikara K Sangma, Gourav Koch, Evenezer N Marak, David Cherim M Sangma, Andlay Hayden M Marak, Thaidan R Marak, Elia Ch Sangma



4 Sem BA History Hons

- Front L to R : Walmitchi K Marak, Cheawe G Momin, Bithoria Silbanchi T Sangma, Threya Ch Marak, Archesa R Marak, Balkime B Marak, Palditha B Marak, Nishkricha Hajong, Norakky A Sangma, Evia Ch Marak, Jesica S Sangma, Tengchi Gabriella M Marak, Bisame Nikachi M Marak
- Middle L to R : Tiopia M Sangma, Bidanchi D Shira, Chebian Tengsuchi R Marak, Jenny Rakkimbe K Sangma, Daldia A Sangma, Sydney A Sangma, Sanjitha D Sangma, Salkame R Marak, Elisha Ch Marak, Penysha M Marak, Bianna S Sangma, Babita Koch
- Back L to R : Bernelya Dikandy S Marak, Hanania Ch Marak, Tuana A Sangma, Tangche C Marak, Sanse Noame Ch Marak, Noari A Sangma, Bidanchi Chekame Ch Marak, Bianna Rakchak M Sangma, Ansil G Momin, Jimbea S Sangma, Winona A Sangma



4 Sem BA History Hons

- Front L to R : Happybirth Ch Marak, Denison M Sangma, Bonchon R Marak, Amchu R Marak, Sendrick A Sangma, Logic M Marak
- Back L to R : Chamson R Marak, Sickson A Marak, Chekam Ch Marak, Nikrak M Sangma, Vishal Kr Hajong, Akim Zairus N Sangma, Sani Marak



4 Sem BA Philosophy Hons

- Front L to R : Salsra Lastchi Ch Marak, Anna Tengrikchi Ch Marak, Bidanchi D Sangma, Tengsme D Sangma, Jamchi S Marak, Chesimchi Ch Sangma, Rupna D Sangma, Gipangchong A Sangma
- Middle L to R : Chiara M Sangma, Jeshmiejenie M Marak, Joyarani Koch, Tangse R Marak, Chebanni M Marak, Bhogoboti Koch, Chirik A Marak, Chumasa Donchime R Marak
- Back L to R : Ritu Koch, Priangchi M Sangma, Tonmoyee G Momin, Pringnisha A Sangma, Amatchi A Sangma, Lucky A Sangma, Deorisha A Marak



4 Sem BA Philosophy Hons

Front L to R : Arkar D Sangma, Isaia Arano A Sangma, Fridius D Sangma, Zayn Ch Marak, Sengan Pangsangra Ch Sangma, Kenya S Marak, Dikechang S Sangma

Middle L to R : Nirik R Marak, Rikson A Sangma, Benedick T Sangma, Clayrush G Momin, Giang G Momin, Bilkame Ch Sangma, Selbiush Ch Sangma

Back L to R : Lauthing K Marak, Thusbirth D Shira, Tamcheng B Marak



4 Sem BA Political Science Hons

Front L to R : Tresana G Momin, Jesmi Nokanchi B Marak, Chanisa C Marak, Anabriana G Momin, Kerolin Timungpi, Bidisha K Sangma, Jansiki A Sangma, Joana D Sangma, Tanu Thapa, Brilliana D Sangma, Ringangchi R Marak

Middle L to R : Agatha Chiname S Marak, Naiani G Momin, Elbira D Shira, Biyanchi R Marak, Dansilchi R Marak, Enejha D Sangma, Sengwachi S Marak, Cheaora Amasa M Sangma, Arantza R Marak, Derasha M Marak

Back L to R : Bamchera Sangma, Krino M Sangma, Dokatchi D Momin, Lerry Brinda D Marak, Janse G Sangma, Lubna Zaman, Kusum Lohar, Agatha M Marak



4 Sem BA Political Science Hons

- Front L to R : Brister R Marak, Sengwat A Sangma, Payel Marak, Rohit Minj, Pantera Marak, Tapajit Roy, Pougaeklung Kamson, Amosh Joksrang G Sangma
- Middle L to R : Tengsim N Marak, Twester G Momin, Kenelyan A Sangma, Samuel Chukam R Marak, Ebian D Marak, Prilinstar Mochahari, Barna Ch Marak
- Back L to R : Jaseng R Marak, Rahul Kumar Sahu, Manuel Ch Marak, Slash Aryan A Sangma, Mosim A Sangma, Enbriono Wancho M Marak



4 Sem BA Sociology Hons

- Front L to R : Preety Subba, Prity Bara, Manitai G Momin, Laura Viccona M Sangma, Biginchi M Sangma, Menaka Jamatia, Learry Carlyle A Sangma, Chukame M Sangma, Sengrimy A Sangma, Wetchilla D Marak, Frenisha W Momin, Paulo Mardini A Sangma
- Middle L to R : Angira Das, Elbira K Sangma, Angeline J Sangma, Dimjime Silgachi M Sangma, Tangesa A Sangma, Norimchi T Sangma, Alicia A Marak, Hialla R Marak, Wongayin Salome Kashung, Dimche R Marak, Merytha T Sangma, Annecia T Sangma
- Back L to R : Bogam Ch Marak, Ringring Miamchi B Marak, Rosemina R Marak, Norisha R Marak, Brejitha M Sangma, Chelsia M Marak, Ruth A Sangma, Mima Mikkimchi Ch Marak, Teringkle Momin, Pretya W Sangma



4 Sem BA Sociology Hons

Front L to R : Lithu R Marak, Nelson M Marak, Chimiksang M Sangma, Demian Pangsang A Sangma, Cassell R Marak, Yakub Lakra

Back L to R : Tengseng N Marak, Donbirth M Sangma, Pangrakrikkam T Sangma, Tengsilgrak B Marak, Vividzion R Sangma, Palash Das



4 Sem B.Com Accounting Hons

Front L to R : Kadime Ch Marak, Noasa Sangma, Milliniuem A Sangma, Cherimra M Sangma, Chisik Ch Marak, Ammannya T Sangma, Sritika Kumari Sah, Katchira M Sangma, Nibarisha G Momin, Namnambe A Sangma

Middle L to R : Etchilchi Ch Sangma, Enyasha B Marak, Sandera M Marak, Silbachina K Sangma, Balsime M Sangma, Rikrime Patiasa D Shira

Back L to R : Amelia Pringchiana A Sangma, Chedona N Areng, Christina Chingbera M Sangma



4 Sem B.Com Accounting Hons

- Front L to R : Tangba A Sangma, Rana Das, Prince Singh, Pawan Jaisi, Manoj Kumar Bhowmick, Raksmel D Sangma, Wilber M Sangma, Andy Rakkam N Sangma, Sunny Dalu
- Middle L to R : Arbath Ch Marak, Chevian Saljong G Momin, Mithun Kumar Hajong, Rohit Hajong, Saggy Pantora R Sangma, Piyush Gupta
- Back L to R : Abhijit Mazumdar, Karan Paul, Nabin Kumar Dalu, Sengang Chasong M Marak



4 Sem B.Com Management Hons

- Front L to R : Shweta Kumari Singh, Laxmi Devi Sharma, Salome R Marak, Chuangchi T Sangma, Sikha Pandey, Rikmatchi M Marak, Disha Modak, Annie Salnatchi N Areng, Sillangchi T Sangma, Lenysa M Marak
- Middle L to R : Diya Kar, Jyotika Sutradhar, Allen Toppo, Kohila Koch, Salminchi D Sangma, Kasanohra N Areng, Danchi Ch Momin, Betsida K Marak, Nosilik Ch Marak, Riksha T Sangma
- Back L to R : Chebie N Sangma, Naomi B Marak, Tania Debnath, Aksha R Marak, Chingsrame G Momin



4 Sem B.Com Management Hons

Front L to R : Andrew A Sangma, Amosh R Marak, Vicky R Marak, Chavarian Ch Sangma, Rohit Sarkar, Akambe A Ssangma, Ronggrik Marak, Anish Kumar Seal, Ledansmarth K Sangma

Middle L to R : Jotinmoy Kalita, Balpang K Sangma, Donnybiand N Areng, Maythirdborn D Shira, Bravery G Momin, Chongkim M Marak, Jericko A Marak, Topsy Hajong

Back L to R : Atchian Arak G Sangma, Mark Chening N Sangma, Karak M Sangma, Chugara R Marak



6 Sem B.Com Accounting Hons

Front L to R : Dojrag R Sangma, Siljrang M Marak, Chuanguku Johnsley M Sangma, Tengsram B Marak, Sensible Xavier N Marak, Paultiush G Marak, Salliang Ch Marak, Anku R Marak, Bikram Dey

Middle L to R : Mukesh Basfor, Ashish Gupta, Jerryo Niksrang N Sangma, Nikjagring G Momin, Graceter J Sangma, Tusrang M Marak, Debraj Chowhan, Akash Pandey

Back L to R : Bipro Ch Sarkar, Chugrik Ch Momin, Tangjrang Ch Marak, Roiht Das, Dhritesh Kumar Hajong, Ramrai M Marak



6 Sem B.Com Accounting Hons

- Front L to R : Sarik R Marak, Tengsime M Sangma, Chuenla R Marak, Siluckya Ch Sangma, Norinchi Ch Sangma, Dokua S Marak, Tracy Merry Khonglam, Dingsera D Sangma, Terok Momin, Ria Ghosh, Chanme R Sangma
- Middle L to R : Sengmera S Sangma, Theresa A Sangma, Domera G Momin, Enisha N Sangma, Asthina M Marak, Damchira B Marak, Archia T Sangma, Bibian Dorime R Marak, Juli Lakra, Kavya Newar
- Back L to R : Eshimi K Marak, Salmitchi K Sangma, Anse Mikkimchi R Sangma, Chibamchi W Sangma, Trecychakme Ch Marak, Walita D Sangma, Jimchera M Marak, Ashmita Kumari Sah



6 Sem B.Com Management Hons

- Front L to R : Lonibirth DSangma, Anjali Gupta, Vidikhachianchi R Marak, Rakchisil T Sangma, Shinesherida D Shira, Tsokek K Marak, Twina Noame A Sangma, Amos B Marak
- Middle L to R : Shivanon Hajong, Gricksal G Momin, Bentinck Ch Momin, Parag Biswas, Tradiun G Momin, Paultiush G Marak, Rajat Gupta
- Back L to R : Shyandeep Hajong, Damian Kerketta, Rikkan Ford M Sangma, Debojit Nandi



6 Sem BA Economics Hons

- Front L to R : Catherine D Shira, Junianchi G Momin, Tenmayra M Marak, Senoline N Areng, Tengime R Sangma, Deboshree Paul, Prakriti Mukherjee, Clara T Sangma
- Middle L to R : Jimse M Marak, Sumi Hajong, Tengse Ch Sangma, Etil M Sangma, Batesa S Marak, Balkamchina G Momin, Manisha T Sangma, Chiara A Sangma, Pratichee Sutradhar
- Back L to R : Rimchi Ch Sangma, Emia B Marak, Ruth R Marak, Probitha R Marak, Pronobi Koch, Nambeana R Marak, Paromita Paul, Chukansa D Sangma



6 Sem BA Economics Hons

- Front L to R : Rikkimbirth M Sangma, Euagalizo S Momin, Sanjay Ekka, Indrajit Biswas, Harswamohit Koch, Shubho Das
- Middle L to R : Cheangku N Sangma, Griksong D Shira, Subrata Mallick, Bapu D Shira, William Nikwat D Shira, Changai D Shira
- Back L to R : Himesh Hajong, Manasseh M Momin, Silgra M Sangma



6 Sem BA Education Hons

- Front L to R : Banusha M Marak, Chiam S Sangma, Dimrimchi Salniang M Sangma, Rakare Kasanchi M Sangma, Abanty M Sangma, Attamchi Ch Marak, Sengniitha A Sangma, Antara Koch, Barmera D Sangma, Tripti Koch
- Middle L to R : Abbachean Ch Marak, Abhishek Belbase, Arnab Aditya Dutta, Manohar Prasad, Ojecko A Sangma, Talent Sengrik R Marak
- Back L to R : Anyance G Momin, Isaian M Sangma, Bensen D Sangma, Salmon N Sangma, Sengchil Ch Sangma, Josiberth M Sangma



6 Sem BA Education Hons

- Front L to R : Mikkimchi Ch Marak, Ripbamchi K Marak, Dilchi T Sangma, Frenima A Sangma, Tangse M Sangma, Crecencia A Sangma, Gristina N Areng, Niha Hajong, Chaname M Marak, Lily Mery R Marak, Chemia M Sangma
- Middle L to R : Redima D Sangma, Rokchime Ch Marak, Cheroky M Marak, Bidanchi Ch Marak, Biba M Marak, Chiamme B Marak, Damchi D Sangma, Tase R Marak, Terimchi A Sangma, Baruchhasem R Marak, Mansramchi K Marak
- Back L to R : Pringsera Ch Marak, Tangkamchi R Marak, Mizami M Marak, Premia M Marak, Renitha M Marak, Lesilla Ch Marak, Sakchira B Marak



6 Sem BA English Hons

- Front L to R : Jeremeanchi M Sangma, Alname Biasa A Sangma, Grapchinora N Marak, Aleza Anochi D Sangma, Ringring Balsimchi A Sangma, Rikechi R Sangma, Salterak K Sangma
- Middle L to R : Aidan M Sangma, Stanislas Antony Thiyonislal, Sivanathan Hilman Christlas, Prabhat Bara, Bonsrang A Sangma
- Back L to R : Prederick Maisfield R Sangma, Tanmoy Sarkar, Henry Langngaihkhama, Kanahala Gamage Chathushka Sasipriya, Manish Minj



6 Sem BA English Hons

- Front L to R : Chuatchi Momin, Wumenxia R Marak, Sohini Das, Luizamoni Rabha, Dalanglin Mary K Rynjah, Dore Meghanya T Sangma, Tangchiring N Sangma
- Middle L to R : Silvyana R Sangma, Jansime G Momin, Badhuri D Sangma, Ashily Benny, Samrilla R Marak, Akimchi M Sangma, Dhanochisame Sangma
- Back L to R : Chenian Vetsy M Sangma, Tisa Rai, Sweetey Seal, Sunita Thakur, Tisha Debnath



6 Sem BA Garo Hons

- Front L to R : Aksime R Marak, Susime R Marak, dodime D Shira, Sundrella Betsheba D Sangma, Cherry Ch Marak, Sengsime M Sangma, Mensilla R Marak, Jakrimchi M Sangma, Grimchi P Sangma
- Middle L to R : Gretingstar D Shira, Goodnicka S Sangma, Cherry Nora B Marak, Manme B Marak, Balphi Ch Marak, Dimera M Marak, Presalina D Sangma, Kimdera A Sangma, Lolikha Ch Marak
- Back L to R : Pitor D Shira, Samuel Ch Marak, Praistarbirth Ch Marak, Tengkam G Momin, Sundaystar A Momin



6 Sem BA Garo Hons

- Front L to R : Jangsamchi B Marak, Sengdambe D Sangma, Siltera A Sangma, Empina R Marak, Dimre B Marak, Sillangchi G Momin, Terime T Sangma, Leana M Sangma
- Middle L to R : Kalsime G Momin, Chera B Marak, Upanitha G Sangma, Hansa Chakme A Sangma, Emma Nosilla Ch Momin
- Back L to R : Chimea B Marak, Irish R Marak, Tairabia T Sangma



6 Sem BA Geography Hons

Front L to R : Julliana M Sangma, Aleya Sangma, Pilse M Sangma, Rikse R Marak, Archira M Sangma, Bilche M Sangma, Tengse M Marak, Nangrimesha M Marak, Lindsyra G Momin, Doma Noami R Marak, Simrikchi M Marak, Agatha Ch Marak

Middle L to R : Balkrim D Sangma, Doma Dallang A Sangma, Rosonggir Teron, Kambai Ch Marak, Chegisil Sachisa T Sangma, Anitha D Sangma, Isha R Sangma, Briana D Sangma, Sano R Marak, Mansram Ch Sangma, Chuaran D Momin, Pradesh Debbarma

Back L to R : Ricky D Shira, Marcel M Marak, Bidansal N Sangma, Sengnang S Marak, Dilcharan D Momin, Lieuchang M Sangma



6 Sem BA History Hons

Front L to R : Jemiah Aranchi M Sangma, Ranisha N Marak, Takkimra Ch Momin, Raksilme R Marak, Hanna M Momin, Nikkamchi M Sangma, Danima Chiamik R Marak, Anora D Shira, Jekkaria Ch Marak, Bakrimne R Sangma, Traime Ch Marak, Threkanchi Ch Marak, Drohitri Koch, Weangra D Sangma

Middle L to R : Duram A Sangma, Shubangki Paul, Nokera Areng, Frisilchi A Marak, Easta A Sangma, Bromptilla D Sangma, Chonmera A Sangma, Maria Cheana N Sangma, Tanury R Marak, Jimjime Ajerikse T Sangma, Pringchi A Momin, Dechra A Momin

Front L to R : Ezekiel M Sangma, Sandaystar R Marak, Gamsil A Sangma, Eleckson D Sangma, Augustin D Shira, Janggam R Marak, Amosh A Sangma



6 Sem BA Philosophy Hons

- Front L to R : Annu Kumari Roy, Eliana Rikmitchi Areng, Silame Ch Marak, Agatha S Sangma, Nishadevi Hajong, Sengmitchi Ch Marak, Chengse M Sangma, Kasanikkamchi B Marak, Slowry N Marak, Pringchi Ch Sangma
- Middle L to R : Prity Thakur, Wegara Ch Marak, Santana Ripamchi Ch Marak, Irma Rani M Sangma, Bebiana A Sangma, Chalche M Sangma, Jakrimchi A Sangma, Thanshingchon Jelly, Chinova Ch Marak
- Back L to R : Maya Ghosh, Roshni Rabha, Phrygia M Marak, Pringchi A Sangma, Simringchi M Marak, Metmi R Marak, Chonse Ch Marak



6 Sem BA Philosophy Hons

- Front L to R : Charak Ch Marak, Dikki M Sangma, Salnang M Marak, Sremibirth D Sangma, Mikkim A Sangma, Annuk G Momin
- Middle L to R : Dodyelpier N Marak, Dilbarth A Sangma, Selvisthon R Marak, Chailash Ch Marak, Talseng T Sangma, Bilsrang Areng
- Back L to R : Dekim Ch Marak, Allan Matgrik Ch Marak, Tezaa R Marak



6 Sem BA Political Science Hons

- Front L to R : Tengbath Jerome G Momin, Chukam Asako D Marak, Sarkiri Timung, Francis T Sangma, Jennyberth Ch Marak, Tangseng Ch Marak, Jebitjoria M Marak, Kambath R Marak
- Middle L to R : Nikros Areng, Jakrsang R Sangma, Satish Beck, Suraz Hussain, Saviour Sangma, Jakarius A Marak, Thiamwell N Sangma
- Back L to R : Pribith D Shira, Maian M Sangma, Gamcheng A Sangma, Shynllay N Sangma, Probash M Sangma, Niksil Sangma, Kelbin Sengku D Sangma



6 Sem BA Political Science Hons

- Front L to R : Ansha M Sangma, Chiasa Abigail D Shira, Tengame K Sangma, Sellobitha Ch Marak, Nobina R Marak, Loris Peota N Sangma, Tiana Ch Sangma, Prancina R Marak, Nalsachi Ch Marak
- Middle L to R : Lainina K Marak, Salome Nokche R Marak, Kalkame Nokraki Ch Marak, Kerolish Ch Marak, Sonalli M Sangma, Simpaty G Momin, Change A Sangma
- Back L to R : Chokchime M Marak, Sonatchi Ch Sangma, Mainorin B Marak, Probitha R Marak, Elva Queen D Marak, Amanna Minggamchi Ch Marak



6 Sem BA Sociology Hons

- Front L to R : Florina M Sangma, Mikkimchi M Sangma, Anna M Sangma, Alka Brethnia D Sangma, Chiesa Walatchi A Sangma, Jangmatchi Ch Momin, Amana K Marak, Brenisha M Marak, Fatima D Sangma
- Middle L to R : Zewlyn Ch Marak, Henry Shera N Sangma, Sanjay Xalxo, Brenath Ch Sangma, Chongkim Ch Marak, Jeevan Chandra Kerketta, Aiyang Doha M Sangma
- Back L to R : Schovan Gamchat Ch Momin, Nagarbasi Debbarma, Chubiang R Sangma, Pamtwi Debbarma, Tenyaba Aishar Ch Sangma, Denian R Marak



6 Sem BA Sociology Hons

- Front L to R : Chonse Ch Marak, Millina R Marak, Ritimchi R Marak, Balkimi D Shira, Cheana R Marak, Walmish K Sangma, Chidilsa K Sangma, Tharimchi D Sangma, Walinda D Sangma
- Middle L to R : Ananish Ch Marak, Nosanchi Ch Sangma, Treana T Sangma, Terimchi Ch Momin, Cherime M Sangma, Jeshvinera Ch Marak, Gamchi S Sangma
- Back L to R : Jownna N Sangma, Nikrangchi N Marak, Windhyra N Marak, Aginchi S Marak, Basillina Ch Marak



6 Sem B.Sc Botany Hons

- Front L to R : Christma Mushahary, Jaksrame G Momin, Durama K Marak, Dallanchira K Sangma, Deziana R Marak, Cheasa Jakrimchi D Sangma, Shanmani Rabha
- Middle L to R : Dolgrim D Momin, Rokime Ch Sangma, Ruia Silsa B Sangma, Lygia R Sangma, Rangchianna D Sangma, Salchame M Sangma, Aquisha K Sangma, Kimbre Chuara Ch Marak
- Back L to R : Edward Ashu Ch Marak, Bishal Goala, Daryan Maybes T Sangma, Nabjot Singh, Zecharia R Marak



6 Sem B.Sc Chemistry Hons

- Front L to R : Junchina K Sangma, Timve G Momin, Tasime D Sangma, Cicilia M Sangma, Amria Chiancha N Marak, Suprity Saha, Krisbilla R Marak
- Middle L to R : Erickim D Sangma, Jabirang R Sangma, Judeanchi Grikkam D Shira, Davish D Sangma
- Back L to R : Triasa Ch Marak, Dosaki R Marak, Nojime Niksera R Marak



6 Sem B.Sc Maths Hons

- Front L to R : Krishma Hajong, Bardanamomi M Sangma, Diya Kumar, Anamika Sarkar, Ankita Pandey, Bithika Koch, Dilme D Shira, Ranita S Sangma
- Middle L to R : Biswajit Sauji, Kaushik Sapkota, Bikash Jamatia, Rohit Seal, Lukesh M Sangma, John Mary Vianney Ch Sangma, Asako D Sangma, Biachibimik G Momin
- Back L to R : Balkam R Marak, Hiraj Sutradhar, Arnold Pluto W Momin, Jadura Tangba Ch Marak, Obed Noel A Sangma, Diraksh A Sangma



6 Sem B.Sc Physics Hons

- Front L to R : Nojime Niksera R Marak, Cheasa Inchroe Ch Momin, Mikkimchi D Momin, Cherry Ch Marak, Biginchi A Sangma, Nidhi Kumari Singh
- Middle L to R : Amsrang Sangma, Atiul Islam, Krishto Koch, Doniel M Sangma, Luke Ch Marak, Debsundar Das
- Back L to R : Zera Areng, Matgrik Marak, Andreas Rongpeit, Baxter Marak, Ample Ch Marak



6 Sem B.Sc Zoology Hons

- Front L to R : Balkamchi M Sangma, Jeridha Mable B Sangma, Ema Churik N Sangma, Atchiana Kiyomi Ch Marak, Sweetty Hajong, Rifatasfia Ahmed, Tengmitchi B Sangma, Rikrimchi Gitikra D Shira, Wanma T Sangma, Tanori Yambeda G Momin
- Middle L to R : Valery Ch Marak, Lerawingky D Sangma, Erieva Chinora Ch Marak, Prenya M Sangma, Chukame Ch Marak, Bristi N Areng, Sonali Kumari, Sanjana Hajong, Tedranchi M Marak, Aity Wandavee A Sangma
- Back L to R : Samuel Momin, Jagadish Hajong, Akario R Sangma, Amchrang D Sangma, Sagar Bonik, Rahul Kumar Hajong



Cheasa Inchroe Ch Momin

Picture Speaks



Arron Babra R Marak

Arron
02/11/22



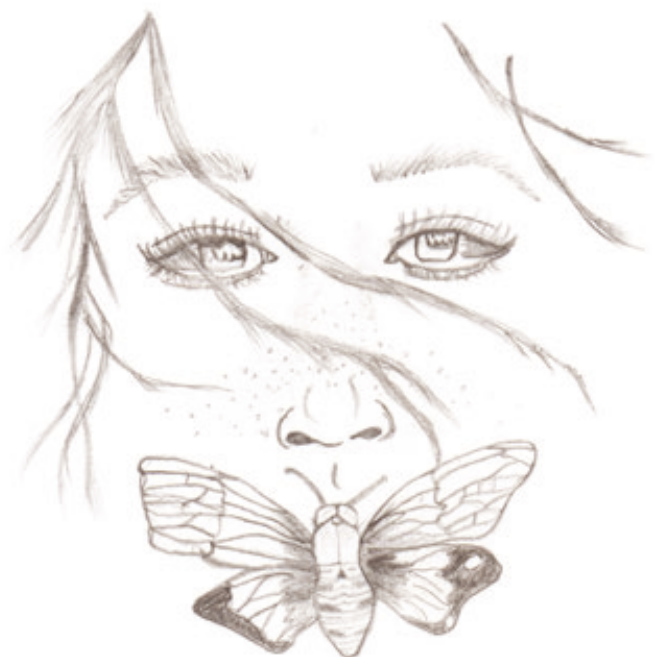
Elbira D Shira

"A picture is a poem without words." - Horace





Elbira D Shira



Sengmitchi Ch Marak



Yakub Lakra

4th Semester BA, Sociology Honours

I AM NOT DEFEATED

Maya Angelou, a famous American Author and a Poet said, “We may encounter many defeats but we must not be defeated”. As Leon Brown says, “You may suffer many defeats in this life, but you will not be defeated. You will rise after each trial stronger and wiser”: I may be bent, but not broken, shaken but not shattered, discouraged but not defeated.

Every one faces the challenges, even hard to accept some situation. We feel shattered, broken, lost, and hopeless at times and we get totally blinded. When we do not find any hope in such situations, people who cannot control their emotions have suicidal thoughts. The time comes when no one understands and that we are left alone in the dark room. It is at this juncture we should make our mind that we will be rewarded for the suffering and pain we undergo. The hard time comes not to destroy or to discourage but to strengthen and make us stronger and wiser. They come to teach us lesson.

In my personal life too, I have faced such challenges that seem impossible to overcome but God's help and my personal efforts have made me overcome that weakness gradually. I have struggled a lot in my public speaking, could not face a big crowd. I was always defeated in my mind that I cannot face a crowd and unable to

perform on the stage or in front of crowd. I saw only problem in front of me and nothing else. It went on for a long period of time and with advice, suggestion, and guidance and with personal effort I could overcome and control fear and timidity that was preventing me from reaching my potential and living my best lives. As I worked harder I could hear my inner voice speaking to me that everything is possible for me, if I wish.

We should always have positive mindset and attitude and then we will see the difference in our life. I have fallen many times but never give up but at such times I always looked at Jesus on the way to Calvary. Each time He felt there was a hope after reaching the goal which was to die on the cross. It gave me strength and power to rise again to complete the task that is entrusted to me. There is a saying: tough times never last but tough people do last.

Each one of us faces the same challenging situation differently, failure does not mean your life is going to be over but the beginning of your life where you have to work hard on yourself. We should not be threatened and discouraged by failure but with strength and courage, accept and work on to improve it. Problems and difficulties, discouragements and failures are bound to come but believe in yourself and you will overcome it.



Luizamoni Rabha

6th Semester BA, English Honours

PUT DOWN THE GLASS

Life is composed of good and bad times, challenges and adventures, amusing and hostile experiences. Our lives have been beautified with various colours of brightness and dullness. Nevertheless, we as human beings tend to stare and pay more attention to the dull colours of our lives. At times our attitude dominates the negative aspect more. While living on this chaotic world we can't escape but face the various hitches that our lives may bring about. It is the fact that problems are the part and partial of life. To achieve success we need to go through certain problems in life. Perhaps, it all depends upon our attitude of how we handle the problems in life. As I speak of handling problems I am reminded of one story and here the story goes.

The Professor began his class by holding up a glass with some water in it. He held it up for all to see and ask the students,

Professor: How much do you think this glass weighs?

Students: 50ml.....100ml.....150ml

Professor: I really do not know unless I weigh it, But my question is, what would happen if I held it up like this for a few minutes?

Student 1: Nothing

Professor: Okay... What will happen if I held it up like this for an hour?

Student 2: Your arm will begin to ache.

Professor: You are right. Now what will happen if I held it for a day?

Student 3: Your arm will go numb. You may have severe muscle pain or stress or paralysis and for

sure you may have to go to hospital for treatment.

At this, the other students began to laugh at.

Professor: Very good.... Did the weight of the glass change during the time of holding the glass?

Students: No Sir.

Professor: Then what caused the arms to pain and the muscle to be numb?

At this question of the Professor, the students were confused and began to discuss among themselves.

Professor: What should I do then to come out of the pain?

Student 4: Put down the glass.

Professor: Exactly, Life's problems are something like this.

Dear Friends, when we hold the problems of life for a few minutes in our head, they seem to be okay. Then we think of them for a long time and they will begin to ache. And when we hold it even longer they will gradually begin to paralyze us. Eventually we will not be able to do anything else. We cannot deny that it's important to think of the problems and challenges in our lives but also more equally important to put them down at the end of every day before we go to sleep. In that way we become free of stress and wake up in the morning fresh and strong and energised to handle any issue and challenges that may come on our way. Sometimes life seems to be hard but not impossible. Sometimes life seems to be very complicated and often we try to find out the answer but when we find the answer life changes the question. Our life is too short to let go today. There is an anonymous saying, "Silence is the best answer to all the problems of life and smile is the best reaction to the entire question". So then, when we start our day, let us remember to put down the glass at the end of the day.



Henry Langngaihkhama
6th Sem BA English Honours

Love is one of the most important virtues. It is a virtue that is known to young and old. It is very complex and no one can give a universally acceptable definition. Some people consider it so great that they say where there is love there is everything in life. Love is so great that every religion gives emphasis to propagate this virtue. We need love and to be loved.

We often hear people preaching “love your neighbor as yourself”. In the heat of the moment of quarrels or arguments we hear people saying “love one another.” The unstable weight of love is very heavy due to diverging trajectories and differing values. There are times when relationships and friendships fail we find ourselves in despair and in pain; we are hurt, beaten and discouraged of being betrayed and that some even go to the extent of taking their precious lives. Even the strongest relationships face challenges.

The first thing when we hear the word “love” what comes to our mind is our relationship with others. Many people speak of loving others or neighbours but seldom speak of loving oneself. We give ourselves so selflessly that when things happen contrary to our expectation we often lose heart. At times we are so extroverted that we tend to forget to love ourselves. We see goodness in others but are blind to realize the goodness, potentiality and beauty that lie deep

within us. That is why we are depressed for being ignored by our loved ones and take our lives in our hands. We forget that we are the crown of creation: made in the image and likeness of our Creator.

Every year many people commit suicide for some mistakes that they make in life as they experience a sort of inner turmoil; where in the middle of crisis they believe suicide is the only option. If they have a little love for themselves and realize that their lives are more precious than the mistakes they make, they would not have taken such steps. If we only know who we are and learn to love ourselves we can save many lives each day. We cannot love others until we love ourselves. It is more important to love yourself first before everyone else because you need to be comfortable with yourself. You need to be more secure of what you do and think. Loving oneself means to know oneself and unless we are able to understand who we are, we will never be able to understand the life of others. When we love ourselves we train ourselves and prepare ourselves for life. When we are well equipped then only we can enrich the lives of others. Loving oneself is not selfishness but it's a better way of loving God and others. In life, at times we may be overburdened, misunderstood, perplexed and depressed but let us not forget to love ourselves.

HAPPINESS : AN INNER JOURNEY OF LIFE



Prof. Rani Aruldass
Department of Zoology

“Happiness has nothing to do with what you love or you don't have. Happiness is related to what you are” - Osho

Real happiness is an inner quest, inner journey and attribute of personality. Sometimes humans are naturally blessed to be happy and are happy in every condition they have been put into; this is a natural flair to be happy. No matter how many lessons life teaches them but still they are happy. Naturally, happy people are elevated souls like Christ, Buddha, Mahavir and Mother Teresa. But, we common human beings are not enlightened enough to be happy in all circumstances, thus we need to cultivate happiness.

First and foremost, create a purpose to live. We all are here on this earth to fulfill some purpose in this journey of life. The day we come to know our purpose of life, life becomes euphoric. The most important way to be happy is to pursue our passion. Happiness is not a life without problems; rather it is the firmness to triumph over problems. “We are responsible for our happiness and unhappiness”, said Buddha. Happiness is our inner journey but we fail to latch on this small truth. It is all about empowering our mind that it can never be defeated by any trial or tribulation. Who will make you happy? So there is no external element which is going to bring happiness and there is no magic word which can be used to give you happiness. Can such things provide us long lasting happiness? The truth is that no worldly material is going to provide us happiness. Happiness cannot be achieved running away from yourself but it makes getting back to yourself only harder.

Kindness is not only contagious but it has also proven to make you happier. When you are kind to others, your brain produces feel-good hormones and neurotransmitters like serotonin and you're able to build strong relationship with others, fostering positive feelings all around. Forgiving and forgetting are necessary for your own happiness, whereas holding a grudge means you are also holding onto resentment, anger, hurt and other negative emotions that are standing in the way of your own happiness. Letting go of a grudge, frees you from negativity and allows more space for positive emotions to fill in.

The best way to harness the positive power of gratitude is to keep a gratitude list, where you actively write down exactly what you are grateful for each day. Doing so has been linked to happier moods, greater optimism and even better physical health. People who are thankful for what they have are able to cope with stress better, have more positive emotions and are able to reach their goals better. Happy people know how to let life's daily irritations roll off their back. Talking negatively about others is like taking a bath in negative emotions, your body soaks them up. Instead, make it a point to only say positive, nice words about other people and you'll help foster more positive thinking in your own life as well.

Happy people take responsibility for their mistakes and then use the failure as an opportunity to change for the better. Allow yourself to be immersed in whatever it is you're doing right now and take time to really be in the present moment.

Avoid replaying past negative events in your head or worrying about the future; just savor what's going on in your life now. Your life is unique, so don't measure your own worth by comparing yourself to those around you. Even regarding yourself as better than your peers is detrimental to your happiness, as you are fostering judgmental feelings and an unhealthy sense of superiority. Measure your own success based on your progress alone, not that of others. You need to choose friends who are optimistic and happy themselves, as you will be surrounded with positive energy. Realize that you don't need others' approval. It's important to follow your own dreams and desires without letting naysayers stand in your way. It's fine to seek others' opinions, but happy people stay true to their own hearts and don't get bogged down with the need for outside approval.

Listening helps you soak in the wisdom of others and allows you to calm down your own mind at the same time. Intense listening can help you feel content while helping you gain different perspectives. Positive social relationships are a key to happiness. Avoid letting other people dictate the way you live. Instead, establish personal control in your life that allows you to fulfill your own goals and dreams, as well as a great sense of personal self-worth. Every time you lie, your stress levels are likely to increase and your self-esteem will crumble just a little bit more. If others find out you are a liar, it will damage your personal and professional relationships. Telling the truth on the other hand boosts your mental health and allows others to build trust in you.

"Success is not the key to happiness. Happiness is the key to success".

Everything in your life is not going to be perfect and that's perfectly all right. Happy people learn to accept injustices and setbacks in their life that they cannot change and instead put their energy on changing what they can control for the better. Low concentrations of the omega-3 fats EPA and DHA are known to increase your risk for mood swings and mood disorders. Those suffering from depression have been found to have lower levels of omega-3 in their blood, compared to non-depressed individuals. Get a good source of omega

-3 fats in your diet. The low levels of vitamin D are linked to depression. But even beyond vitamin D, regular safe sun exposure is known to enhance mood and energy through the release of endorphins.

"The happiest people don't necessarily have the best of everything; they just make the most of everything that comes along their way"

Happy people tend to be healthy people and vice versa so in addition to healthy food and exercise, the following lifestyle strategies can also help to support emotional wellness. Sleep deprivation is linked to psychiatric disorders such as anxiety and bipolar depression, while getting the right, amount of sleep has been linked to positive personality characteristics such as optimism and greater self-esteem, as well as a greater ability to solve difficult problems. There is a link between creativity and happiness, "engaging in creative activities" contributes to an "upward spiral" of positive emotions, psychological well being and feelings of "flourishing in life ". What you eat directly impacts your mood and energy levels in both the short and long term. Eating the right kind of food can prime your body and brain to be in a focused and happy state, whereas eating processed junk foods will leave you sluggish and prone to chronic disease.

"The best time to be happy is now".

Meditation helps you keep your mind focused, calms your nerves and supports inner peace. Research shows it can even lead to physical changes in your brain that make you happier. Exercise boosts levels of health –promoting brain chemicals like serotonin, dopamine and nor epinephrine which may help buffer some of the effects of stress and relieve some symptoms of depression.

Happiness is in the air and spreads like wildfire. With our joviality, we can touch whoever comes our way. So, begin a day with a sunny smile, sharing it wherever we go. We need to be happy with ourselves always so that whosoever around us becomes happy too.

"Count your blessings and enjoy your little happiness while you can have it".



The Tragic Death of Sarah on the way to the Church

K. G. Chathushka Sasipriya
6th Semester BA, English Honours

It was on the last Autumn Sunday I managed to wake up quite earlier than my usual timing. The day was looking brighter than the other days though the sun was hiding behind the clouds still making the surroundings lively. With my wet towel I fairly managed to wipe my shivering body. It was freezing cold outside and when my teeth began to chatter I ran to the fire place where my brother was boiling water for the morning tea. He was on his mini stool blowing the embers with an iron pipe in the hearth. Sipping my cup of tea, I sat on the stone at the corner of the door. I was leaning against the wall and with a deep breath I muttered, "He will not reach today". Drinking a cup of tea kicks out cold and gives energy boost. For me, to drink a hot tea is a penance. Nevertheless, I do not enjoy the tea when it is hot.

It had been nearly eleven years since both of our life givers had to leave us alone. I do not remember as to how it happened exactly but according to my brother, both of them ended their lives and it was a horrific tragedy. He used to narrate how my dad

harassed my mom with whimsy blows and whips. Drinking was his hobby and we barely had one meal a day. He did not have a job but with the little he got by carrying a bundle of two heavy- laden sacks, he kept up his hobby. I was four then and too small to remember exactly how all those times had passed. As the little memory I have, it brings past back to life; I remember how I was loved by my mom. She did all what she could to keep both of us alive and she did it to her best. She suffered from polio and could barely walk to the well with the half-broken bucket full of cloths for washing. With her thin hand she used to bathe and comb my hair and I reminisced about it till date. When I was young I enjoyed eating porridge and I had the privilege of having it every day. A teaspoon of sugar was able to add more taste to our meal. The usual time to fill our stomachs was when the shadows were right under our feet.

Returning from the field with my brother and uncle was the most unforgettable experience. I cherished it dearly because of my uncle who was a hard-working man; he

had to live hand to mouth until he died of a stroke. He narrated many stories on our way back home and I was the one with so many questions. He used to narrate how he underwent those bitter days of civil war and how he managed to escape hiding in the jungle.

"I cannot wait for you. I am moving" I told Alex. He was kind-hearted and loving and I was the world to him. He did all what he could to send me to school. Alex managed all the chores in the farm by himself making time for me to study. I made the best use of the time that was given to me and I am proud to say that I stood first in the class.

Picking up stones and throwing them into the lake (Stone Skipping) was my Sunday hobby along the way. A number of stones that skips were fifteen but it increased to mark my age. Unfortunately, the bamboo bridge in the middle of the lake was broken and no one took the pain of repairing it. I picked up my slippers and crossed the lake. As the cold water touched my feet, the feeling of love and joy with which I was brought up by my mom flashed back to my mind.

I put on my slippers and started to walk. As I moved on, I could hear the church bell toll. I realised that I am not far from the church.

"Hi, good morning. Are you alone today?" asked Lesa.

"Alex will be a bit late." I told Lesa as she walked with me.

Our church was on a hillock and it was visible from the bottom as a majestic palace with towers and we had to climb the steps. Lesa moved ahead as she met Nisha and I came to the back gate and looked up. "Oh no., climbing this is like a Calvary journey and going for a Solemnity on a Calvary road!" I told myself.

I started climbing the steps and let myself take my own pace. On the left side of the steps, there were tall pine trees which seemed to tower upward like reaching skyward. When I climbed a half way I reached the steepest part of my ascent with no railings even to hold on. Trudging up the steepest steps I lost my balance, slipped and even broke my slippers. I fell on the right side of the steps and as I looked up I saw a tombstone in front of me. Coming back to my senses I understood that I was in the church cemetery amid unnumbered tombstones. I wiped my eyes to have a clear vision. On one of the tombstones it was inscribed:

"The Tragic Death of a Young Girl on the way to the church. Dated the 27th November, 1990".



Nibarisha G Momin
4th Sem Bcom.
(1st Prize Winner in the College
Week 2022)

Holding on to my YOUTH

*As small as we can be
In this vast space of the sea,
Full of struggles and storms,
Everyday, just feel torn
Escaping reality, living in illusion,
Passed us by, even the seasons.*

*Today I've grown a bit
To a young bud from a seed.
A beautiful flower is I want to be
As wandering soul that is carefree.
Longing for all those feelings
Where joy and happiness is never ending.*

*Wake up everyday for the same thing,
Same routine and virtues.
Just a bit different it needs to change
Either me or else everything.
For skies to be more blue,
A bit weird and strange.*

*Deep in thoughts and fantasy
Where no sorrows, but ecstasy.
No clue as to where belong,
On a loop, the same old song.
I opened my eyes and realized
I've lived in façade and I disguised.*

*It took me all 18 years
To know, the life to enjoy was there.
It's always there but –
Not anymore, it isn't.
I hold my youth too late,
Even my interests and passion.*

*Despite I'm still alive
And as a 'child' I'll still thrive.
Won't care what is said now
Since for negativity, I won't bow.
Life is to be full of enjoyment,
So let us live without resentment.*



Dalanglin Mary K, Rynjah
6th Semester BA, English Honours

MY GOD IS POWERFUL

A pleasant morning with a beautiful sight,
God dwells within, to a certain height;
Fills the morning view, with His tender care
And strengthens the day, without any snare.

A step forward with positive mind,
Bears much fruit and helps to shine,
He pampers, guides and nurtures all through,
The closeness I feel, Yes! I really do.

Jumbled with thoughts, I mumble around,
He comes with solution and fixes me to be sound.
Running a life's marathon, with ample activities,
At times forgetting Him, but He never did.

My God is powerful, enormous in might,
To go anywhere, He is my guide.
He surrounds me always, with a bundle of roses,
From His heart, a stream of love gushes.

He says to me, "Do not be afraid",
It's my faith, that keeps me straight.
His heart is generous, full of mercy,
His love is pure, whom I ever feel near.

RAIN



Tusumika Adhikary

Assistant Professor, Department of Sociology

You rise from the oceans,
you rise from the seas,
You transpire from the banyan,
you pour out with joy.

Like birds, bees and leaves,
You take your flight,
You flow through the horizon,
To the zenith's height.

In that height
You halt for so long
As if waiting for
A rural flautist's song.

First you touch the rocks
Of the mountain top;
It gives them shivers
With each of your drops.

Then you rush down
Along with the stream
To bond with a tarn,
In the moonlight beam.

Descending the canopy
Of a murky wood,
All but the Chatakas,
In their nests stay glued.

The Chatakas glide around
All through the sky,
They know the pleasure in you;
They don't bother to dry.

Seep into the barks
Of some good old tree,
You reach its roots,
And set him free.

You pass slowly through paths
That lead to the ground;
Even to those places
Where the dead are found.

Hitting the window-pane
Of an afternoon train,
And flutter your streaks
Like a horse with his mane.

Sitting by the window, a lad
Glancing at the night,
Remembers his lass
And his heart fills with delight.

A little boat keeps waiting
By the pool beside the river shore;
A couple boards that little boat,
As drizzles start to pour.

An Indian peacock
Flirts with a hen
As his green-blue armour
Shines with your stain.

At last you fall
On the Ocean's breast;
You seem to die,
But on a Phoenix's nest.



Perina Mary Khongsit

4th Sem BSc. Chemistry Honours
(2nd Prize Winner in the College Week 2022)

I AM A TREE

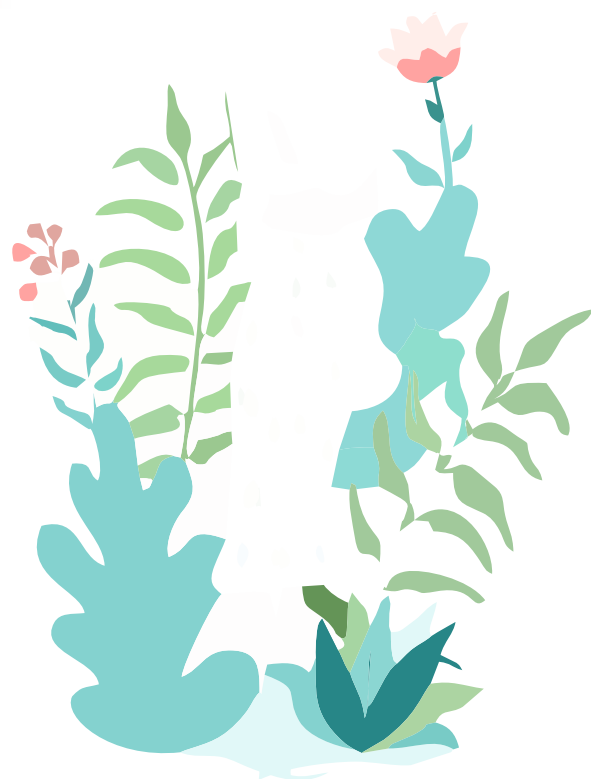
Silently I stand with open arms.
Happy and contented and willing to share.
Whatever I have and whatever I can,
To help a traveller or a bird to shelter.

My leaves are green, fresh and tender,
They can be taken as food and medicine,
My branches are purposeful, and kind,
Why don't you come and rest for a while.

My fruits are ripe, reddish to yellow,
Why not stop a second and have a try.
They'll refresh, re-energize, without any price,
They'll keep you healthy, young and wise.

My trunk will serve you for countless needs,
But remember when you use me do keep my seeds.
For this is my desire, to be of service,
To offer a gift to thousand generations.

This is my message to you lovely friends,
That we're meant to live and grow and bloom.
To find meaning and to give meaning
To many others who live in the doom.



The Quality of Women



Luizamoni Rabha

6th Semester BA, English Honours

God created women with varied specifications,
So that she can work in all situations;
A woman's heart is soft and secure,
Her thought and desire, ever strong to soar.

A woman can endure, reason and negotiate,
She goes beyond of every need to rate;
She brings up her children with love and care,
And always ready to do everything with dare.

She has a firm and powerful will,
So tackles the obstacles in life with vibrant skill;
She has a strength that amazes every man,
And handles trouble just with two hands.

A woman is marvelous, a heart raptured with love,
A guide and philosopher to the people they serve;
Let's appreciate every woman and give them dignity,
For they make lives a beautiful journey.

Respect every woman; raise them to the greater heights,
She plays a vital role in every side;
Let us support them with lifted hands,
Encourage them to forge ahead for helping society.

YOU ARE MORE THAN A TEACHER

You are a *Psychologist* to problem-filled students,
You are a *Doctor* to every sick student,
You are a *Guide* to frustrated students,
You are a *Counselor* to every confused student,
You are a *Protector* to stray students,
You are a *Comforter* to every grief-stricken student,
You are a *Director* to absent- minded students,
You are a *Police officer* to every mischievous student,
You are a *Model* in every sphere,
You are a *Guiding Star* for achieving Goals.
You are ... So much more than a **TEACHER**.



Crecencia A. Sangma
6th Semester BA, Education Honours

SMILE

Give a smile today,
Give a smile tomorrow,
Lighten someone's burden
With your beautiful smile.
A smile makes you feel happy,
Gives you a warm glow inside,
Smile makes a day brighter
And makes worries fly away.



Donchangspel G. Momin
2nd Sem BAEconomics Honours

Smile when you're happy,
Smile when you're sad.
Smile when you're hurt,
Smile when you feel bad.
Smile when you have a grudge.
Remember to smile;
But for a beautiful smile,
make sure you brush!!



Harwish A. Sangma
2nd Semester BA,
Political Science Honours

TRUST

When love disappears,
Understand very well
The fragrance,
It's still all around everywhere.

When hurt disappears,
Realize well
Within it's still there
Sulking somewhere.

When faith disappears,
Understand and always
Keep an open eye, be sure
It can be still hiding somewhere.

When trust disappears,
A soul leaves a breathing body;
Once and for all,
It is to be found nowhere.



K. G. Chathushka Sasipriya
6th Semester BA, English Honours

ODE TO YOUTH

You came to my life
In an unexpected time;
I was not prepared for life
To make space and give you a time.

Realising that only once
In a lifetime you can come;
Welcomed you as my sole guest
To make my soul the best.

Mesmerised by your presence,
Adorned by your abundance,
Accepted in my blessedness,
Wholeheartedly with my
completeness.

Gave you time and space
To live, laugh and race,
Accepting your beautiful face,
Embraced you in my own space.

Started to live for you dear,
Coming so closer and near,
Singing a song of youth,
Living a life of youth.

THE CALL

Often you have sailed in my dream
And now you come in my awakening.
I'm waiting for the wind to sail with you,
This is the last breath I'm breathing alone;
The next breath will be with you, and forever.

I will part with you the day my breath parts with me;
Touch me like a harp, gently pulling the strings,
Caress me with your breath like a flute
And let not my eyes suffer for your face;
Let not hurdles separate us, and the years we spent become a memory.

I loved you though my love was silent
Even your exceeding tenderness cannot hold me back.
I'm boarding the ship which would sail me to the place
Where I see the brightest light;
Your love can't hold me back nor will it blind me,
Found something in solitude which is better than your laughter and your sleep;
When the Lamb beckons, follow Him, though his ways are steep.



Prabhat Bara
6th Semester BA
English Honours

PAANI KA·SAA

Aganna amgenma Paani ka·saako,
Donggenma susana Paani dangdikako?
Dingol gramchi chakesa aganako man·e,
Detangna noktangna raka kamko ka·e.

Pringoni attamona dingol gramchi chake,
Sokbahaon nokona nono jojong batchi 'ne;
Sing·ronga detangko re·bae nikejae,
Ra·bapagen man·ako detangna ka·sae.

Dongjaoba donga gita detangna ka·sae,
Ra·e on·gen, am·e on·gen jawachiko ra·sroe;
Ka·sae aganpagen danang baba de!
Neng·akoba neng·nikgija gita mesokgen ka·sae.

Aganpaa skipaa salanti nang·ko,
Nisoenba niksoenba mikkangchini salko,
Ka·dongsoa de·tangnasa dal·a chuako;
Ra·doa detangko salantini golpo ka·o.



Florina M. Sangma
6th Semester, Sociology Honours

Dongjaoba donga gita duk sukko chake,
Poraiatbaa skiatbaa, an·tangni chel·ao,
Watatpaa, on·atpaa detangna korosko;
Man·jaoba watatna bang·a tangka paisako.

Donggenoba ang' paani chel·ao,
Sing·atkua attamahaon phone ka·e angko.
Didiata skiata poraichina angko,
Aganata ka·sachi danang detangko.

Dongjaoba gari gora ching' nokdango,
Re·dilkua ja·achiba jakkindile angko.
Mesokua skikua dal·angchina angko,
Rimbitkua dal·ahaoba un baksa angko.



Gamchu R. Sangma
2nd Semester Bcom
(1st Prize Winner in the College Week 2022)

CAPTAIN WILLIAMSON A. SANGMA

Na·an Meghalaya A·dokni Padot,
Ripok Do·katchi,
Ong·a na·an Meghalaya A·dokna,
Mahatma Gandhi.

Donuengon Aman' A·dok gipinni mittino,
Re·dilangjok na·asa ra·e milamko,
Simdapengon an·dala Aman' A·doko
Teng·suatjok na·asa so·e chakkiko.

Dokkol ka·achim gipin jatsa Aman' A·dokko,
Sinjetachim mikchepachim ua somoio,
Ma·ekatjok A·dokko na·asa Assamoniko,
An·chi·pari nikatgija Meghalayako.

Na·an skanggipa Matbol Aman' A·dokni,
Rikdilchenggipa Meghalayako nama sorkari,
Meghalayaosan ong·aigija gipin A·dokoba,
Ong·angjok na·an Governor Mizoramoba.

Mesokchengjok A·sakna Captain na·asa,
Seng·a A·chikrangba ine nang·ni kamrangchi,
A·bachengjok untalsa mingsing minggamna;
Sangma bimung Songdu nalsa aro gipinchiba.

Nikengkua A·sak da·oba nang·ni kamrangko,
Nang·ni ka·sae donanggimin Mikkim-rasongko.
A·gal kamprakani ja·man sambolrang gita,
Atchitaichina nang·ni gisik A·chik sakantio.



Prekinstand N. Sangma
6th Semester BA, Garo Honours

CHAKCHIKAN RONGDIK

Sringritdap gisiko,
Nabaa chanchiani.
Gitchak rimit bibalko;
Nikjagringatani.

Man·pagenma gisiko,
Gisikari chanchiani.
Bingkatpatna ja·dilko;
Su·chalariarari.

Gisik apsan ong·osa,
Ja·dil su·motgrikosa;
Chanchiani gisiko,
Gitchak rimit balgaoa.

Kam bewalba indaken,
Chakchikani dongjaode-
Baoni ja·dil su·bagen,
Bite grian ronggakgen.

Damben gisik ma·ata;
Chanchiani dimelja.
Chakchikani bitera,
Rongdikosa donsoa.

DAKMANDA

Gana gano nitoa bimang chi·rongbitbit,
A·chik jatna ma·ata bimang pongsrengdikdik.
Sawa mancha jekugen nang·ni bimangko,
Nitoa ino sokjawa A·chik dakmandako.

Bimangko nitoriri an·gilko dingtange,
Dakmanda nang·ni silade white t-shirtan batak!
On·aha dingtangmancha Nokgipa Gitelan –
Tarie ganchina nitoa bimango A·chikni rasongnan.

Tarie an·tangko re·angon ramako,
Nirikgen ku·ange iasa tiptopne!
Pattiaha Gitelan nama miksongoao,
Gunrangko jakkale tangchina a·sako.

Gangenoba longpen jeans chola ma·ketako,
Sokchakjawa oh! Dakmanda nang·ni nitoako.
Rakkirikbo ripringrikbo A·chik dakmandako;
Mesokatku pinikatku Amani A·songo.



Prekinstand N. Sangma
6th Semester BA, Garo Honours

Indioba nangaiaha ding·bopile galchipe donako,
Ding·bopile chakengaha baksoni ning·ao.
Galchipari donasa anga re·bajokma?
Mesokkugen basakosa anga dakmandasa.

Gimaengjok ma·ringengjok angkode galjokma?
Salsalanti baksosa chipkete donjokma?
Mesokpaachim rasongkode A·chikni gunrangko,
Niaton nitoe chirongbit daknangan bimangko.

Jakkalbo me·chikrang A·chikna kraako,
Ripingangbo plakan jattangni gandingko;
Chasongni chasongna ripingangchina na·mang,
Mesoke rasongko A·chik me·chikni gunrangko.

ANG' ATCHIRAM MEGHALAYA

Ang' atchiram a·songtang!
Pagitcham ma·gitcham songdongram;
Nitoriri tangsekgilgil bolgrimrang,
Dongna dongtobegipa a·songtang chigatang.

Batanggimin salrang 1972 bilsirang
Pagitcham Captain Williamson maang;
Ka·angjok kamko raken a·songtangna,
Atchiramtangko chigatangko niksengatpana.

A·chik song atchiram songtang,
Ge·sa song a·dok seokako man·paaha;
Ia 2022 bilsio Golden Jubileekoba maniaha,
Meghalaya a·dok bilsio 50 gapaha.

A·chik, Khasi, Jaintia nangrime,
Apsan ku·cholsan bakrimaha;
Iano songdongpae rasong gnanbeaha,
Maichitogen Meghalaya a·doktangko.



Mikkimchi M. Sangma
6th Semester BA, Sociology Honours

Rona rotobegipa a·song!
Tangsekgilgil bolrangan gapgipa song;
Grikgipa chiringangan gapa,
Mingsinggipa chidarerang bang·bea.

A·jatang chi·gipa ku·rangko gimaatjana,
Nitobegipa a·doktangko ripingna;
Bidachiba man·a a·doko silatna,
Tangbangchina a·doktang Meghalaya pangnajolna.



Rikson A. Sangma

4th Semester BA, Philosophy Honours

DON BOSCO COLLEGENI AN·SENGA

A·chik songni song damsao chukalgipa a·brio,
Rikjok Don Bosco Collegeko Tura songjinma biapo.
Kona noksik biaprangonin re·bae poraipatokjok,
Seng·a bida man·pana ma·a paarang watatjok.

Photo ka·e ronade B.Ed mikkango silbata,
Asonge balwa ringnade kimde ja·tingo nambata.
College mikkangni pulrangba gitchakgipok baltoka,
DBC ni chatrorangba namen gisik seng·toka.

Programme ong·arikkitko chanenion chansokja,
Manderangni ku·siko nie nion u·isokja.
DBC ni Fatherba ramram katta ong·jaha,
Mikkang bimang silaha an·sengdilna changaha.

Programme ong·arikkitan sound system namrongja,
Uko chalaigiparang name wele on·rongja.
Photographer Jevellineba programme ong·achangantin,
Sal raka mikka waoba neng·take rona gitchaja.

Karitang sokana narang bite nangronga,
Chrapdildil nangoba gadomoon bon·ronga.
College canteenna batede abi dokan nambata,
Chana mix cha·ode gate mikkango tobata.

Man·jawaha gualna gose ang' gisiko,
Chanchirokrokotmana pangnan kusin' salrangko.
Aiao! Namen an·senga kusinian bon·changja,
Poraia matchotahaoba wate re·nansikpilja.



Haiyan Subham G. Sangma

4th Semester BA, Geography Honours

SINTEA

Ma·ringa sintea,
Sokgenma ang' uno;
Chanchia kalima
Man·genma uko.

Bringimin gisik
Doktika ka·tongko;
Gualgimin kam
Nangea gisikko.

Bon·genma banoba
Angni sinteako;
Man·jawama bon·atna,
Ang' dakgualako.

Isol gri ong·o
Ma·branga gisik;
Dongpachim gisik,
Chu·sokatna ua miksongako.



Crecencia A. Sangma
6th Semester BA, Education Honours

KANGALNI SIKKIMA

Salang walang kamko ka.e,
Neng·skime janggitange
Cha·parike nokkol game,
Dongna nanga dukko man·e.
Sal nabaoni napangona,
Sin·a ding·a chakemingna
Kamko ka.a janggitangna,
Gongsa ku·sana pale cha·na.
Sikpaachim u·ipana,
Seng·aniko skiera·na
Gipinrangming chuangpana,
Bimungtangko mingsingatna.
Dukmikchini salrangoba,
Sina gitik dildiloba
Dongjama dakchakna darangba,
Nokgipa Isolni pattiana agreba.



Cherry Nora B. Marak
6th Semester BA, Garo Honours

MEGHALAYA A·DOK

Minga ang' a·dokko 'MEGHALAYA';
Donga uno adita jatrang,
Ong·achim uan Assam a·dok baksa.
Chanchijok Assam a·doko;
Ra·gatna Assamese ku·sikko,
Indiba Captain Sangman jegaldiljok u'rangko,
Indakesa dabijok dingtang a·dokko,
U'mangni bimchipgipa kamrango,
Man·jok a·dok dingtangko.
Ritchachi·sku sotsnigni bilsimango,
Dingtangatna man·srangjok a·dokko,
Ong·aha da·o bilsa sotbonga.

HAI CHADAMBERANG

Hai re·na ja·kusan,
Kamko ka·na ku·cholsan,
Gisik nange poraipana,
Nama cholko man·pana.

Sala kari namiting,
Chol somoi man·miting,
Ringsong gital bamitingo,
Damben gisik sramiting.

Chakkiko so·nane,
Bilchamko natnane,
Jrangan andalaniko,
Seng·atna walaniko.

Ian altua ong·jane,
Jotton ka·na nangane,
Chadambean skie ra·jaode
Skimna nanggen ja·manode.

Hai, chadengat' chadamberang,
Noksik nokbakoni baorang?
Ong·katna de·chaona a·songko,
Dal·atna chuatna jatangko.



Lolikha Ch. Marak

6th Semester BA ,Garo Honours
(3rd Prize Winner in the College Week 2022)

DAL·NIKJAMA KU·TANGKO



Sundaystar A. Momin

6th Semester BA, Garo Honours

Mikkratama agana, namnikjama ku·tangko,
Dal·nikja mainasa, jatni ku·bisringko;
Aganjok ra·chape, gipin ku·sikko,
Jakkalajajok rongtalean, A·chikku·tangko.

U·ijajok bang·batan, ramram kattakon,
Ma·sijawa janapon, katta 'Ku·jik-se'kon;
Ning·tugipa kattade, 'Agan Me·apa'sa,
Ku·angaigen aganon, iade asol rakasa.

Ku·sikchin mesoka, darangni jatko,
An·chingba mesokna, A·chik ong·ako;
Jatangko ripingna, ku·bisring tangkamani,
Ku·bisring gimahaode, A·chik ingene?

Jakkalna nangagita, jawan' ku·sikkoba,
Nangpaa agana, jatgipin baksaba;
Ripingna pangnajol, ku·tangko agane;
A·chik ong·e jringnan, gamchate jakkale.

APANI SIMSAKA

Manna janggi tangna,
Apa ang' nang' simsakao;
Manna janggi tangna,
Gitel ang' nang' nirokao.
Simsakenga Apa na'an 'minute' antin,
Nirokenga Gitel na'an 'second' antin;
On·genoba salantin cha·na ringna,
Man·genoba walantin rona dongna.
Mitelnan guala simsak-nirokgipa Rajako,
Olakkinan guala patti-ra·ronggipa Gitelko;
Indioba Apa nang' ka·sani,
Joka pangnan tipchanggija chimik nang·oni.



Cherry Nora B. Marak
6th Semester BA, Garo Honours

CHASONGAN DINGTANG

Ong·aha chasongan dintang,
Pilak daka rikan dintang,
Chasongni kri Isolkon gualjok,
Gari gora dongtokjok.

Papnade kentaia Isolkode gualtaia?
Ma·a paan dedrangkon sason ka·jaha.
Jakgitel wattokaha detangtangkon,
Maiba a·sel ong·on sokbaoa kratchaani.

Chasongan dintangjok,
Mama adanan bamjajok,
Dal·batani mikkangon tamakku ringtokjok,
Bano dal·bata donga chanchijaha.

Ong·ahachim chasongde,
Seng·ani chasongsa,
Indiba an·tangtangkon seng·dugaatoke,
An·tangtangkon dal·nikjok.

Kangal nokdangkode darangan,
Mikchepjok cholgri ine,
Man·paja u·mang cha·na ringna,
Gipin gita maha maha cha·na.



Tengkam G. Momin
6th Semester BA, Garo Honours



Donchangspel G. Momin
4th Semester, Economics Honours

BIDAN' MIKCHI

Mik'andala teng·gen basako,
Nikgen jum·fangtangko.
Reprepe mikronko,
Nichaksoa bidan gunko.

Mikchi ga·ake dondikgija anga,
Jingjang mikronchi nie sengengkua.
Basako sokbagen nikna bidan gunko,
Tingtot mikchi baksa nichaksoa ang' nang·ko.

Darikugen mikchi baksa ang' bidana,
Songreanggen tingtot mikchi baksa kusina,
Donga sal somoi mikchiko tipatna,
Nichaksoa bidan gunko kusin mikchi baksa.

Ong·gennoba tingtot mikchi bidana,
Jajrengjawa darikuna ang' kusina
Darimano tipgen jingjang mikchi,
Un'salo neng·takman·gen kusin mikchi.



Senganchi M. Sangma
4th Semester BA, Garo Honours

APA

Dongja nanggita ka·sagipa angna,
Salak wachi chake aldugipa angna.
Sokjawa darangba A·pa nang·ko,
Nang·ni dedrangna inditan ka·saako.

Apani ka·saa, inditan gamchata,
Sona, hira, muktanan bata.
Man·kugenma banoba nang·gita ka·saako,
Aldumittange dal·atgipa dedrangko.

Man·pajaoba jawa gita maha maha cha·na,
Okumude dongdilja salsaba na·a.
Sakgipino nokkol game duk mikchi chake,
Gongsa pelsa man·paako cha·dil ringdilpae.

Gualjawa Apa nang·ni ka·sako,
Chotpilgen maichi ka·sanina.
Chansokpilja nang·ni namgipa gunrangko,
Dongkama gisiko pangnajol ka·tongo.

Skironga na·a dedrangko nama ramaona,
Pangnan Isolo ka·donge janggi tangchina.
Didironga na·a pangna Gilja re·jringna,
Nama Katta Isolni, salanti poraina.

Dongpajaoba jawa gita lekka pora na·a,
Gualpaja dedrangkode bidako ra·atna;
Man·pajaoba poraiaha nama skulo,
Poraiatpaa jotton ka·e nama gadango.

Nang·ni salrang re·baenga jensalo bilgrigen,
Uo nang·ni dakgni kamrang nang·nan ong·gen,
Ka·san' baksa dukmikchichi nang·ko nitimskagen
Ang' ka·sabea apako.

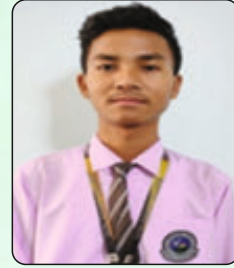
CHADAM BEN' SAL

Chadamben' sal, nitobean sal,
Ansenganin gapa ua sal;
Pilakkon skie ra·na namiting,
Mikkangchina tarisona somoi ong·miting.

Chadamben' salko indin re·atode
Skimna nang·gen ja·mano na·ade;
Uni gimin krengho somoi man·mitingon,
Bidako am·bo chol ong·mitingon.

Chadamben' salo ong·gija namako re·ode,
A·gilsakni kusirangna dariode;
Oh, pante skimgen ja·mano na·ade
Gisik ra·bo ong·gramaiane u'rangde.

Chadamben' salon dakbo namako,
Somo man·mitingon ra·chakbo Kristoko;
Unon tom·tomgen nang' janggi tangao,
Siangoba man·gen nama biap salgio.



Amsrang R. Sangma
4th Semester, Economics Honours

CHADAM BEN' SOMOI

Ma'an okoni an·pakari grape gogoe,
Dal·bajok Paani nirok-simsakako man·e,
Man·jachim ka·dongna nikpana ia somoiko,
Indioba on·jok cholko, Apani ka·sao.

Chadambeni somoi bilak wa·samiting,
Jeko ka·oba, bilgitang ka·miting;
Chanchiani, u·iani apalmiting,
Gisik a·ning bitmiting, chadambeni somoimiting.

Bokbegipa lekkani ronggrika gita,
Chadambeni somoi, namen nina mikron miknapmiting;
Rongtalgipa lekkao, kalichi gapato dongkama gita,
Namachi see ra·bo, chadambeni somoiko.

Chadambeni somoio, bang·a ma·joani,
Dakna ska, jekon a·gilsako ku·siniko man·a;
Kakketgipa chadambeko ia a·gilsako,
Nika goka ong·e, mamungnaba chologija.

Haimo krimko chadambe, me·sokna seng·an gisikko,
Apsan ja·ku de·e, salchrogrikna saksa sakgipinko;
Somo nichae, dongaijana ma·ringe,
Re·bataijawa somoide, changsasan chadamben' salde.



Binduish G. Momin
2nd Semester B Com
(2nd Prize Winner in the College Week 2022)



Jobin D. Marak
4th Semester BA, Garo Honours

SAL

Pattiaha Nokgipa,
Teng'aniko a'sakna;
Andalao seng'a gri,
Ong'jawachim a'sakna.

Donggenoba sona rupa,
Man'genoba cha'a raja.
Salniteng'a griode;
Ong'genchim kana mikgri.

Pring andalsimsim dakbamiting,
Okamronga do'biparang gisike,
Chakchikgija okamako knaon,
On'eaha teng'suako u'mangna.

A'ba re'na mikkang,
Anti cha'na skang;
Nisochenga salni nabaako
Sengsochenga salgran' nang'ko.

A'sak dimdakan,
Na'a gri tangna amja,
Salsamang na'a griode;
Donggenchim a'sak andale.

Mesokenga teng'enba a'sakna,
Teng'pachina chadambe,
Salsalanti teng'aniko jarike,
On'enga gita,
Ong'pachina chadambeba u'gita.



Raksin D. Marak
6th Semester BA, Garo Honours (Morning Shift)

TINGTOTSА CHI

Man'a ska pilakan,
Nangtelaia nang'kosan.
Be'en janggi sikipila,
Nang' baksa a-sako.

Neng'skime re-baon,
Gitok mesakbaon,
Sandiman'a nang'kosan,
Darang pilak mandean.
Gamchatani inoba,
Hira muktako tooba,
Na'a gride a-sako,
Janggi sikja pilakan.
Pattiaha Gitelan,
Ninamenba pilakon,
Ong'ataha mandena,
Gamchatgipa tingtotsa chiko.



North East NSS Festival, Aizawl, Mizoram

Don Bosco College, Tura Anthem

1. Over a hillock so cool and verdant,
Springs fountain fresh and clear;
We youth, far and wide arise,
With the rise of the sun.
The soothing breeze around whispers,
Encourages to learn
To drink yet once more
And know who we really are.
We hold our hands with each other
And we reach for the skies.

Chorus: **Boscoans we're - in pursuit of excellence
We believe we have in us,
The strength t' ascend the hill;
We shall run, we shall jump, shout, live- but not sin.
We've come together t' unlock the doors
And achieve an excellence.**

2. DBC inspires us to be -
Calm, happy and confident;
Here, with clouds -
Among the hills, we're-
Invited to ascend
In pursuit of excellence
Yes, we sing; for we are-
Already on our way to the heights;
Stars beckon with a wink.

Chorus: **Boscoans we're - in pursuit of excellence
We believe we have in us, the strength
T' ascend the hill;
We shall run, we shall jump, shout, live- but not sin.
We've come together t' unlock the doors
And achieve an excellence.**

(the chorus is sung twice after the second stanza)

Over a hillock so cool and verdant,
Springs fountain fresh and clear;
We youth, far and wide arise,
With the rise of the sun -2

Lyric composed by Dr Barbara S Sangma, IQAC Coordinator



NON TEACHING STAFF



Bairing Sangma
Gr. IV



Barcelona Ch Momin
Asst. System Manager



Constantine Rani
Lab. Attd



Francis T Sangma
Security



Henry S Sangma
Peon



Issac Ch Marak
Peon



Jevilline A Sangma
Comp. Lab. Asst.



John Satish
System Manager



Joseph M Marak
Gr. IV



Justa M Sangma
Gr. IV



Luckjy K Sangma
Lab. Attd.



Nambikkai Mary



Savio A. Sangma



Mahamad Ali Sheik
Lab Attnd



Nelesh Roy
Asst. Accountant



Rehny A Sangma
Lib Asst



Stephen T Sangma
L. D. Asst.



Sudesh Basfor
Grd. IV



Ringrang M Sangma
LDA



Shiv R Marak
Lab. Attnd.



J. Susai Sagayaraj
Lab. Attnd.



Tangrey Ch Marak
Lab, Attnd.



Threena A Marak
LDA



Victor Silkham Ch Marak
Lab Attnd.



Sunil R Marak
Driver

Independence Day Celebration



Major General Gagan Deep, ADG of NCC NER, visited the college.



Principals of Colleges of Garo Hills



Students' Excursion to Sikkim



Orientation Programme

AIDS Awareness by Meghalaya AIDS Control Society (MACS)



Parents' Meet of Science



Certificate in A.chik Folk Arts (CAFA) Students



Alumni Meet



Alumni Office Bearers' Meeting



Hands-On Zoology Department Practicals



NCC cadets at the firing competition



**Embracing Diversity:
A Vibrant Celebration of Culture**



**Exploring Nature's Beauty:
A Visit to the Beel**



NCC Investiture Ceremony



Faculty Seminar



Visit to the Green Skill Institute



Science Olympiad



Winners: Inter Class Basketball

Career Guidance by BSE





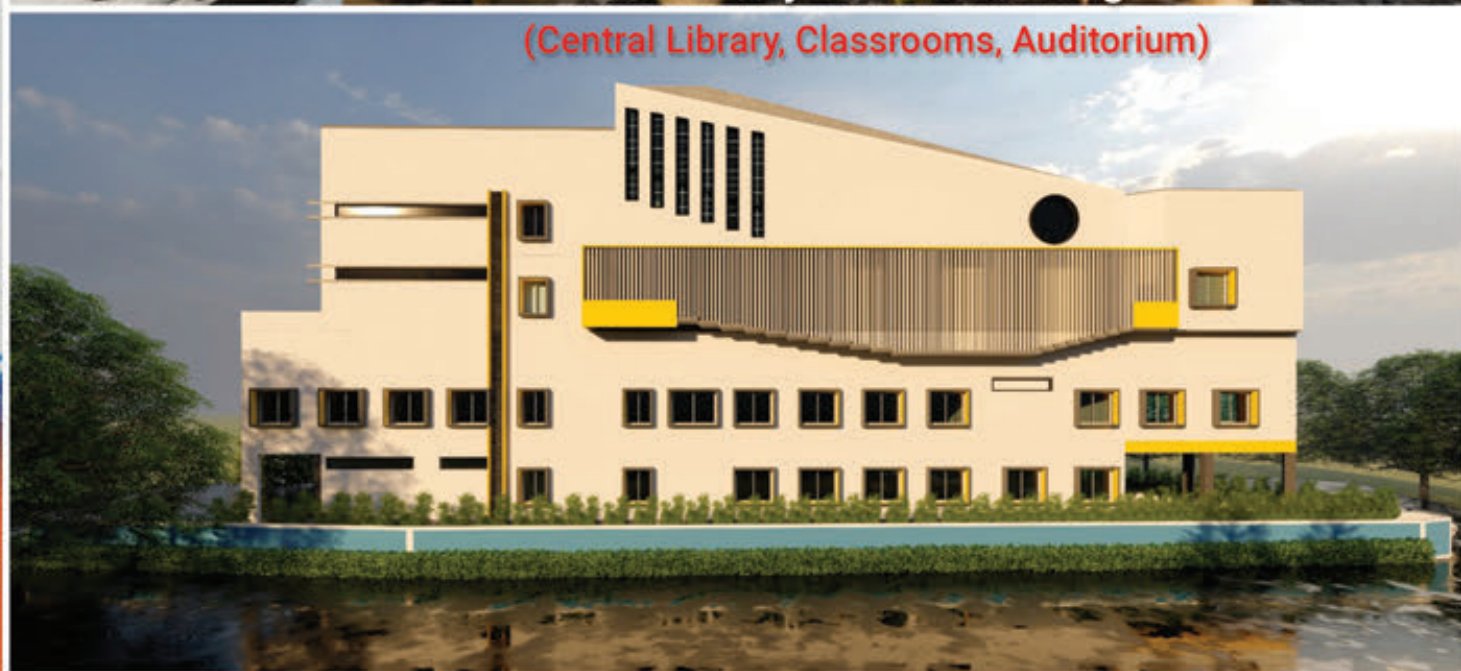
Celebration of World Heart Day





Centenary Annexe Building

(Central Library, Classrooms, Auditorium)



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▶ <https://www.youtube.com/donboscollegetura>